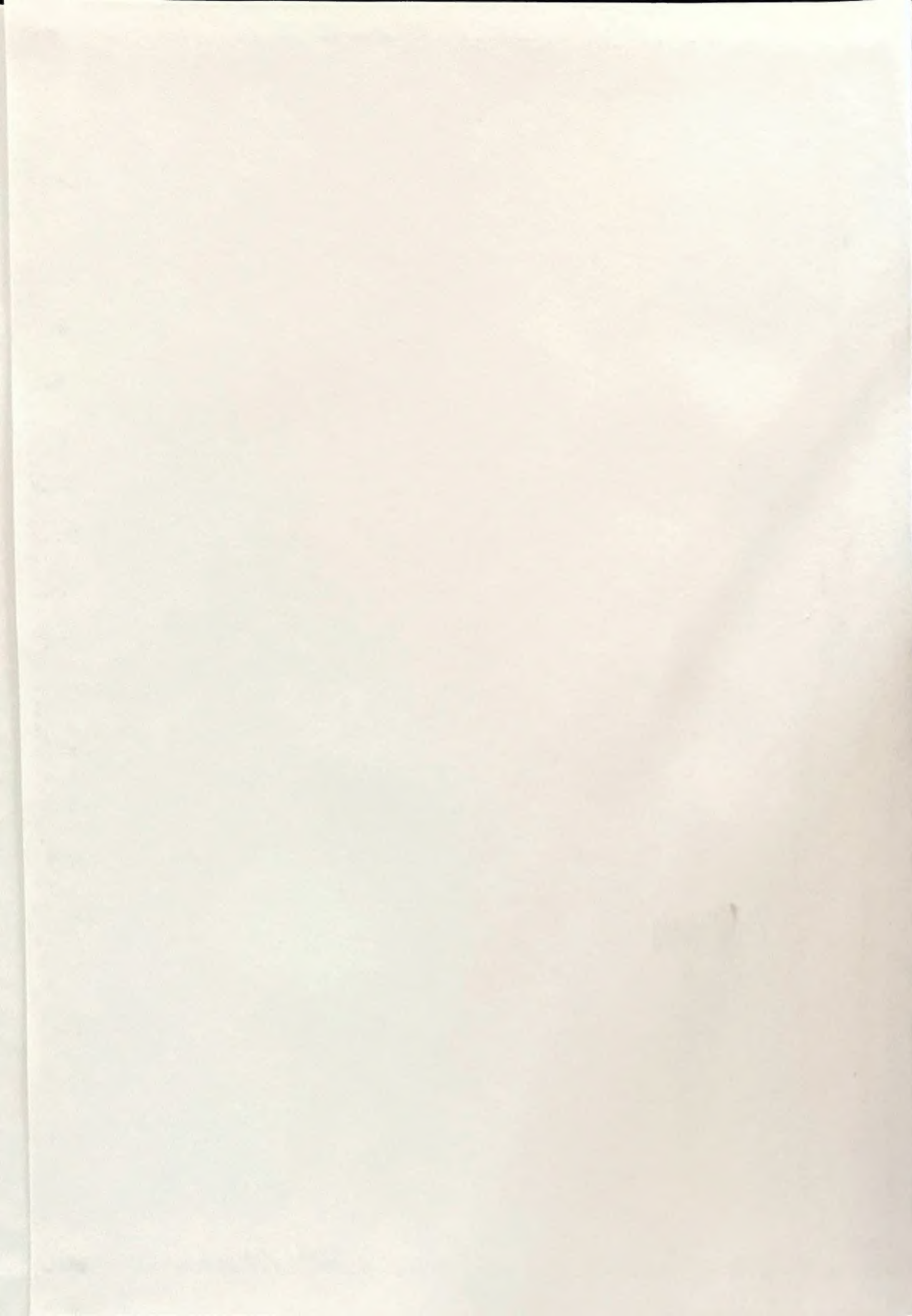




MEMORIES FROM THE HEART

Advancement



Presenting...

LIGHTS... CAMERA... ACTION! SACRED HEART: THE MOVIE

STARRING: THE GRADS OF 2008

FEATURING: THE UNDERGRADS



Headmistress' Address



Many people will walk in and out of your life, but only true friends will leave footprints in your heart and I thank those of you who have left footprints in mine. I wish each and every one of you contentment as your future unfolds. Each of us seeks happiness in our lives and to achieve that goal it is important to live simply; to free our minds from worries; to hold no hatred in our hearts, and to give more and expect less. To the Class of 2008, you have been a wonderful group of students and each of you has benefited in different ways from your Sacred Heart experience. Take care of yourselves, and we look forward to your visits at the City House.

May there always be work for your hands to do.
May your purse always hold a coin or two.
May the sun always shine upon your window pane.
May a rainbow be certain to follow each rain.
May the hand of a friend always be near to you.
May God fill your heart with gladness to cheer you.

Elaine Brooks
Headmistress

Administration: The Directors



Dear Class of 2008,

The past five years have been for all of you a wonderful adventure. You have formed and nurtured lasting friendships, discovered hidden talents, and experienced moments of elation and dejection, confidence and self-doubt. Every experience has been a preparation for the new adventure that awaits you as you leave Sacred Heart. The path you follow will not be straight, and you cannot know at the beginning where it will lead you; but keep your hearts and minds open to all good possibilities. As Ralph Waldo Emerson once wrote, "What lies behind us and what lies before us are tiny matters compared to what lies within us."

Jean Filipovich, Assistant Headmistress

Dear Graduates,

I would like to take this opportunity to thank the students, faculty and parents of the Sacred Heart School of Montreal for making my last 22 years a memorable experience. My years as a teacher, coach and administrator have been filled with numerous highlights which I will take with me. To the class of 2008, I will always remember you as "the class that I finally graduated with." Good luck in your future endeavors and you never know when our paths will cross again.

Peter Kousik, Director of Studies



Dearest Girls,

There is nothing additional to write because I've said it all many, many times. You are a unique group of girls. I am truly hopeful for the future because I have lived with you for five years. All that we try to impart is worthwhile when I stand back and watch you.

You make me very proud! I

will never forget the class of 2008 and all the individuals who've touched me in such special ways. Each of you leaves "a handprint on my heart." Go now, and make a difference in the lives of everyone you meet just as you've made such a difference in mine. You are my SUNSHINE! With much love and gratitude,

Rosanne Del Torto, Director of Students

Throughout your high school years, Sacred Heart is where you have grown, learned and matured. And just as this City House nurtured many before you and will be a second home to your sisters of the future, after you leave us for your next steps always remember the words of Henry Wadsworth Longfellow:

"Kind hearts are the gardens, Kind thoughts are the roots, Kind words are the flowers, Kind deeds are the fruits, Take care of your garden And keep out the weeds, Fill it with sunshine Kind words and kind deeds." Congratulations to each of you in the Class of 2008!

Colleen Bronson, Director of Advancement and Alumnae Affairs



Dear Graduating Class of 2008,

Remember the special times that you have experienced together at Sacred Heart; for you will be very hard pressed to match these amazing memories in the future. Those memories will be with you forever.

Take with you all the learning and important life lessons that you have absorbed at the school and always remember to stay true to yourself. I congratulate all of you and wish you the very best in your future endeavors.

Harry Kalanian, Director of Finance & Facilities



THIS YEAR'S MOVIE

PRODUCERS

ADVISED BY THE FAMOUS MS. LESSEY



One hundred and fifty hours after school, 34 trips to Tim Hortons, 12 trees used up (and recycled), 2 white hairs grown and 1 memory book made. The memories captured are priceless. To the students, this is yours because you are the life of this school, and we have done our best to capture every moment, and for the first time, in full colour! A huge thank you to our staff for sacrificing your time to take pictures, construct layouts and keep me company. Ms. Lessey, there is no way I could even begin to imagine myself having done this without all of your dedication, help and advice. You even endured my singing, and I would like to thank you for making this book possible. To the Class of '08: I did this for you, so you could remember the laughs and the tears you had during your last year at Sacred Heart. I hope you will open up this book in years to come to enjoy it and reminisce about how Sacred girls never go out of style!

-Keira Kilmartin, Editor

OUR SET:

A blue and turquoise room nestled in a corner on the 5th floor provided the setting for our hard work.





Activities & Student Life Editors:
Alessia Di Giorgio & Ashley Farthing

Photography: Jessica Munro
Assistant: Nadia Kanji



Clubs Editor: Sarah Attardo
Copy Editor: Elena Motivans



Senior Photography & Sports Editor: Morgan Orcutt

Photo & Layout Editor:
Emily Horonowitsch



THINGS YOU WOULD ONLY HEAR IN THE MEMORY BOOK ROOM:

- Why mbook2, why?!
- The flou-flous are causing problems
- 'Good times, good times'
- Only 1 more Ringalo...
- There's a ghost on the page. A ghost!
- Why don't your chairs have legs?

Class Editors:

Sec II: Ivani De Lauri

Sec III: Pauline Belliveau

Sec IV: Camille Chacra

Sec V Assistants: Melissa Ariganello & Bianca Bertoia



Thanks to our Writers:

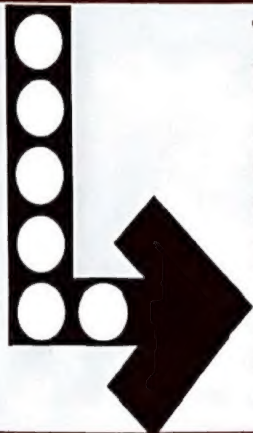
Lia Asquini
Alessia Vincelli
Olivia Kuzyk
Sheila Canlas
Frédérique LaForge

Thanks to our Photographers:

Caitlin Kilmartin Joanna Santos Bianca Arciero
Kyrstin Coughlin Michelle Saikali Julie Hanna
Sarah Benoit Melissa Likoray
Angelina Smolynec Eleni Panaritis
Alexandra Alacchi
Victoria Brand
Denise Pehlivanian
Alexandra Lewycky
Martina Valentin

A special thank you to all who sent us pictures who were not official photographers.

This book is
typo-free thanks
to Ms. McIvor!



Academics



GREAT MINDS... IN THE MAKING





Teachers: Behind the Scenes





Carmen Antonini



Lisa Arella



Rachel Armstrong



Irene Arseneault



Nadim Bahou



Julian Beauvais



Nathalie Belfort



Tino Bordonaro



Iveth Bosmediano



Kathleen
Carbone-McNally



Amanda Cardillo



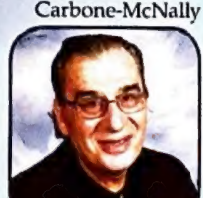
Dawn Cumming



Christiane de Sainte Marie



Nina Di Palma



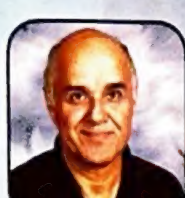
Tomasso Draicchio



Christie Dyer



John Filipe



José Filipe



Angelo Gallo



Mary Gendron



Greg Griffin



Yvon Guilbault



Jennifer Harris



Peter Judson



Fran Lakatos



Martin Laperle



Marie-Elaine Laquerre



Michelle Lessey



April MacIntosh



Joan MacLellan



Roxanne Martel



Joanne Mastro



Sylvia Mauri



Gisela McIvor



Josephite McNamara

FACULTY AND STAFF: THE PRODUCERS



+ Louise Morrisseau

+ Sarah Neeff

+ Martin Pagé

+ Hélène Pagette

+ Maureen Pennell

+



+ Patricia Potter

+ Antoinette Raco

+ David Reda

+ Laila Sallak

+ Sandrine Schreiner

+



+ Heather Seeger

+ Gedi Snapkauskas

Marie-Josée Talbot

+ Eric Vanderwee

+ Rosemary Vaupshas

+



+ Colleen Walsh

+ Peter Ward

+

+



ACADEMICS

PRIZE WINNERS



Alexandra Lewyckyj
Winner of Rotary Club Public Speaking Competition



Nadia Floriani
Runner-up of CanWest National Spelling Bee



Hanieh Zargham
3rd Place Winner at Science Fair

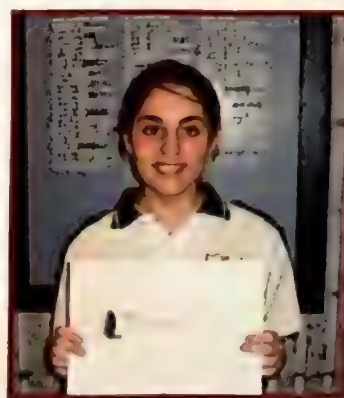


Anna Francis-Meyer
1st Place-QAIS Public Speaking Intermediate Competition
3rd Place-QAIS Essay Competition

COMMONWEALTH PARTICIPANTS



Katherine Chamandy, Cassandra Jones, Georgia Theriault (3rd place in the junior category), Elyana LaFrance, Cynthia Snell, Alexandra Levy, Alexandra Lewyckyj

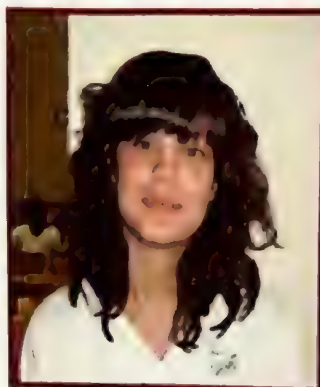


LIA D'ABATE
Millenium Scholarship Winner, Recipient of SSUNS Prize
Being awarded the Millenium Scholarship was a great honour and I simply could not have done it without the help and support of Sacred Heart. Over the years, Sacred Heart has provided me with a myriad of opportunities to diversify my activities and be engaged in the community, both in and out of school. In addition to exposing students to various facts of life, the school instills in us the values and principles necessary to tackle all of life's challenges the very best we can. I feel that Sacred Heart has provided me with the courage and support necessary to apply for scholarships and participate in science fairs.

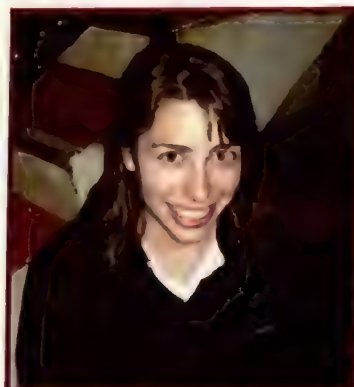
HISTORY 100%

The following students scored 100% on their provincial History examination.

Alexandra Alacchi, Stephanie Christodouloupoulos, Erica Franchi, Kelly Guy, Ashley Ianni, Alexandra Lewyckyj, Kathleen Paradis, Nina Toia, Hanieh Zargham, Elena Motivans



CHLOE GRIFFIN
1st Place-QAIS Essay Competition



AMANDA ARELLA
2nd Place-QAIS Essay Competition



YPI GROUPS



1ST PLACE YPI GROUP

This year in religion, all Sec. IVs completed a group project known as the Youth Philanthropic Initiative, or YPI. Each group, made up of four girls, chose a local charity to research and lobby for. After hours searching the internet, countless phone calls and an on-site visit, it was time to create a presentation to wow our judges and compete for \$5000 for our charity. Although there were only three finalists: Dr Clown, Auberge Transition, and Tyndale House, all the YPI projects were fantastic and showed the level of dedication every YPI group had for their charity. YPI was a fun and educational project which turned us all into life-long philanthropists.

-Amanda Arella

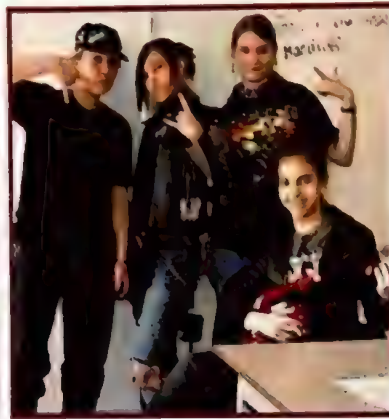
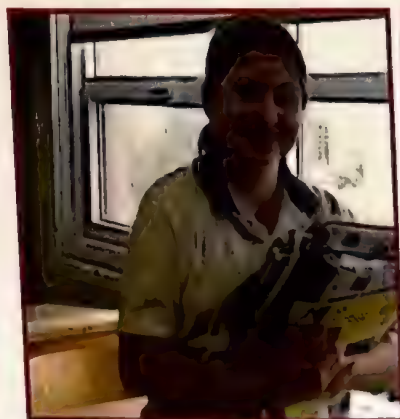
TYNDALE ST-GEORGES COMMUNITY CENTER



2ND PLACE YPI GROUP - AUBERGE TRANSITION



3RD PLACE YPI GROUP - DR. CLOWN



Academics at Sacred Heart encompass many aspects, from field trips, to carrying Math books to study for an exam, to painting in Art, to dressing up to act out plays in English and French. Life is never dull at the Heart.

La Semaine de Français



Quatre cents ans, de quoi être fier! C'était le thème de la semaine de Français qui débuta avec une savnette de Marie Noël, «Le sixième jour» et une pièce de théâtre de Marie Laugier, «Le chat assassine». Le Cercle littéraire Barat commémorait le 400e anniversaire de la fondation de la ville de Québec. Les classes de français furent remplacées par des jeux et des films. Une semaine bien appréciée des élèves.



rêves



actions



début



bravo

Sacred Agents008

Robotics



Journal



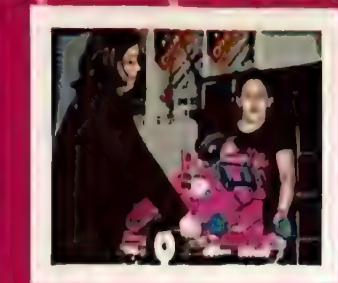
Engineers



Kiosk



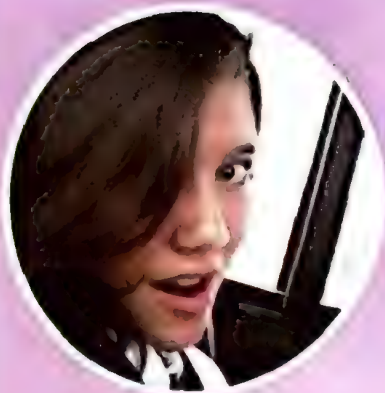
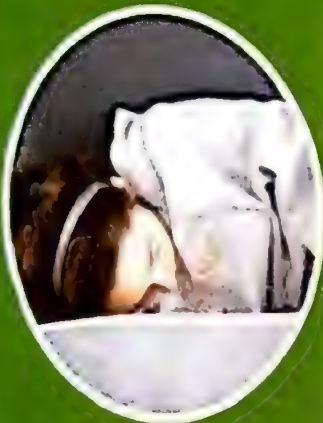
Video



Unfortunately, we were unable to procure a picture of the website team. However, we would like to acknowledge their participation in Robotics and their hard work. Great job girls!



EcoMuseum
Secondary III
Contemporary
Issues



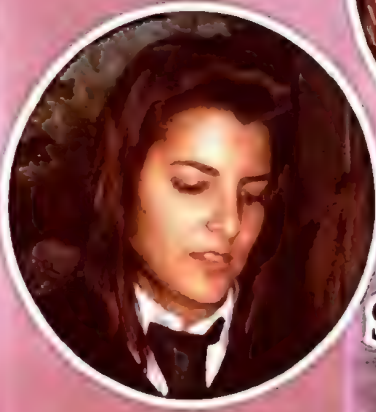
What would we have
done without our Star-
bucks fix to energize us
for our fieldtrips?



Field



Trips



Ottawa
Secondary IV
History



Ottawa
Secondary IV
Art Elective



Other Off-Set Performances:

Plays:

Secondary III:

Anne Frank

Secondary IV:

Enemy of the People

Houses

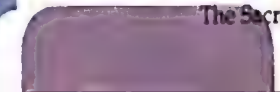
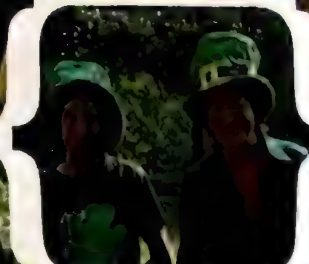
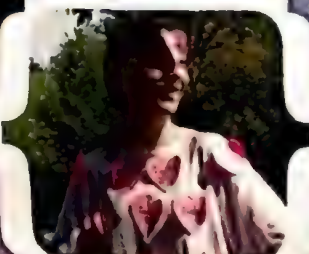
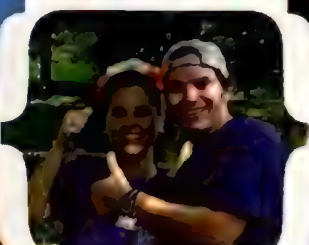
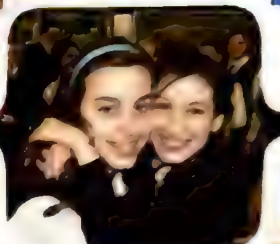


**COMING...
TO A HOUSE NEAR YOU**

H
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D

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Sacred Ladies, you are so amazing! You were a great bunch; you always made us smile and feel special. We'll miss being your cheerleaders! Prefects, we made it through without too many bruises and scratches; we're so proud! Teachers, DT, thanks for your support and understanding. Sec Vs, sisters for life, you are the best of the best! What would we have done without you? Don't miss us too much

Sacred!

Cassandra D'Ambrosio &
Alexandra English



Oh, wow! Prefects, this year has been interesting...interesting and truly amazing! Thank you so much for being so awesome and helpful. But as wonderful as it was, I never want to see another dime. Ever.
xox Pamela Caccese

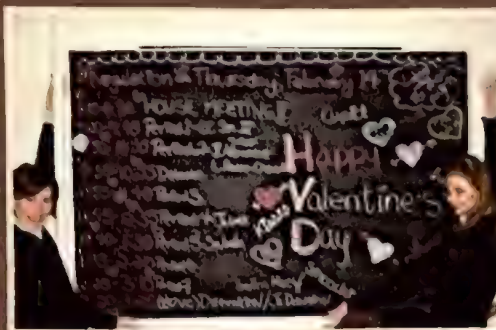


2008 Cheerleading Prefects:

Student Council



We would like to thank everyone especially Mrs. Cumming for making our last year a memorable one. Without your support and dedication we would not have made it this far. Being GAA co-presidents has been a great experience for both of us! Working together has taught us how to work as a team and we have been able to overcome many obstacles. Go Prefects'08!
Caroline Colozza & Michelle Vokaty

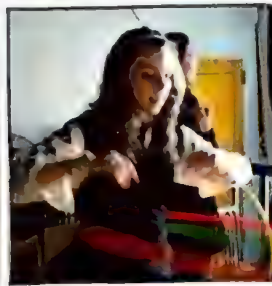


Co-captains:
Stephanie Courey-Aboud & Nina Toia
GAA Representatives:
Amanda Cardillo & Joy Kalafatidis

Barat

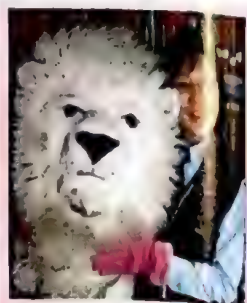


This year was amazing! Thanks to every Barat bear who always showed their spirit during the year. I am so proud of all of you and I feel really lucky to be your househead. Prefects '08 we rocked this school year! Thanks for the memories. Love you all.
-Samantha Mastromonaco

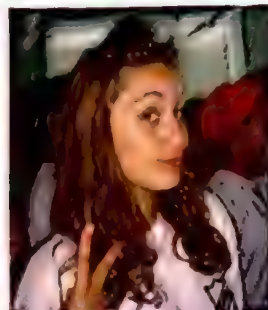


Digby

Co-captains:
Katherine Athanasopoulos & Jennifer Palermo
GAA Representatives:
Alison Barwick, Stephanie Christodoulopoulos & Cassandra Kouremenos



My year at Sacred meant even more to me, because I got to be Digby househead. It was so nice to get know more about you. Huge thanks to seven very special teachers and every single Digbian- you are just too amazing! Never stop roaring! I'll miss you all!
-Rosa Lee



Duchesne

Co-captains:

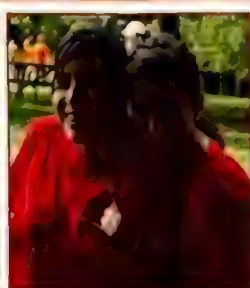
Alexandra Cerullo-Kamenopoulos & Katie Kozar

GAA Representatives:

Elizabeth McDonald, Gabriella Michetti & Alexia Mitchell



DUCHESNERS you ladies are RED HOT! You're all awesome and special-never change. Sec1-keep smiling. Sec2-hold on tight it's just the beginning. Sec3-keep smiling. Sec4-You're almost there! Sec5 and prefects I love you! Peace girls xx Alex Michetti



Co-captains:

Virginie Lombardi-Lajoie & Vianna Yu

GAA Representatives:

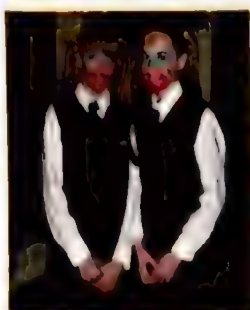
Sarah Benoit, Stephanie Covello & Leia Pengelley

DuRousier



Dear bumblebees, I had a wonderful time being your house head! You are a great bunch of girls & our house is one of a kind. Always have fun, spirit, cheer as loud as you can & bee bumble-ishious! Thanks Mme Mauri & my fabulous executive for all your help & advice. D-U-R-O-U-S-I-E-R let's go!

-Bianca Arciero



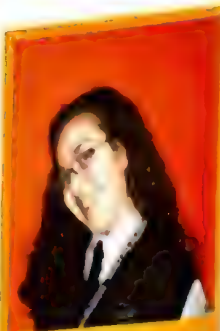
Co-captains:

Erin Brown-Vandercruys & Michelle Zakem

GAA Representatives:

Chelsea-Ann Russo, Michelle Saikali & Taylor Wright-Connors

Hardey



Thank you to everyone in Hardey for being full of spirit and energy. You are the ones that keep the house together. Special big thanks to Mr. Laperle; you are a great house advisor. Fellow prefects, we did it! Thank you all for making this year great.
-Chloe Russo



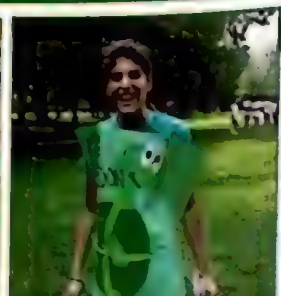
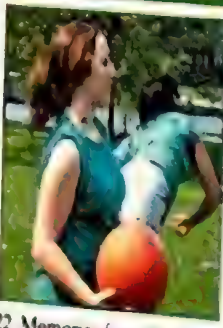
Sheldon

Co-captains:

Amanda Arella & Frederique La Forge

GAA Representatives:

Vanessa Paliotti, Kathleen Paradis & Laura Predan-Chauvin



Stuart

Co-captains:

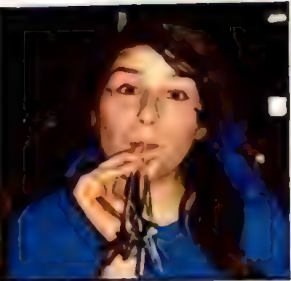
Kelly Cui & Alexandra Traverson

GAA Representatives:

Lauren Farmer & Georgia Tsotas



STUARTS! You are an amazing house and I will miss you! My little sec oners, you guys are too cute. Sec II- 2 years down, 3 to go! Sec III- it's your last year in Study hall, enjoy it! Sec IV- 1 year left! Sec V... I love you. Teachers, thank you for all you've done.
-Denise Garadjalou



Co-captains:

Cassandra Chase & Elena Motivans

GAA Representatives:

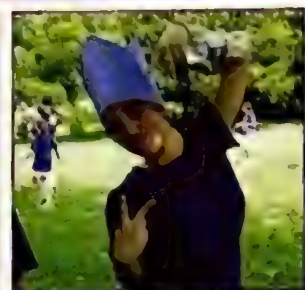
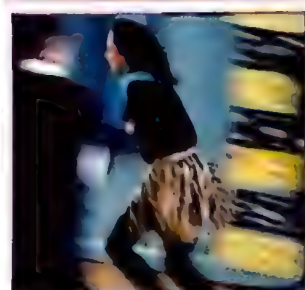
Rebecca Catellier, Joanna Santos & Luana Zappitelli

Trincano



Dearest Trincanians, a whole year has passed and all I can say is that it has been truly magnificent! Being Trincano house head has been such a wonderful experience. I thank all of you for making it so. Your spirit and joy have made this year a success!

Jessica Bindra



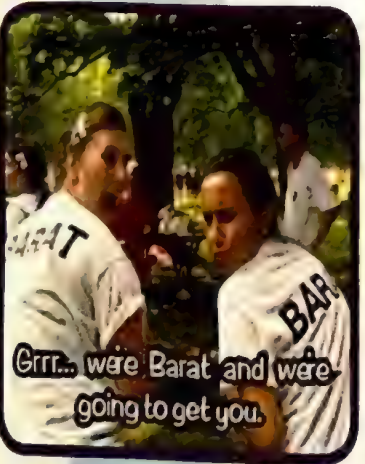
Sports Day



Best friends always show love



Slow and steady always wins the race.



Grrr... were Barat and were going to get you.



Themed cereal. this year's Sports Day was filled with such characters as Snap, Crackle and Pop! Despite the burning sun, Sports Day was filled with fun and laughter. Congratulations to this year's spirit winner Trincano and to this year's champions. Hardey!



And the winners are...

1st Place: Hardey
2nd Place: Trincano & DuRousier
3rd Place: Digby
Spirit Award: Trincano



Stings like a bee



As long as you have spirit, you don't need anything else. Right Trincano?



Three cheers for DIGBY



Student Body



FEATURING... THE UNDERGRADS



Secondary One

Jessica Abreu-Moore
Amanda Alessi
Kiana Araujo
Isabella Arduini
Jennifer Baldino
Jennifer Baratang Junio
Alexa Bedik

Maya Botti
Stephanie Cabanas
Sarah Camacho
Sarah Carriero
Katherine Chamandy
Jasmina Ciccioppo
Gabriella Courey

Sophie Cruvellier
Olivia D'Ambrosio
Alessia De Petris
Diana Di Paolo

Claudia Di Salvatore
Katricia Durham
Alexa Eberle
Alissa Fiorito

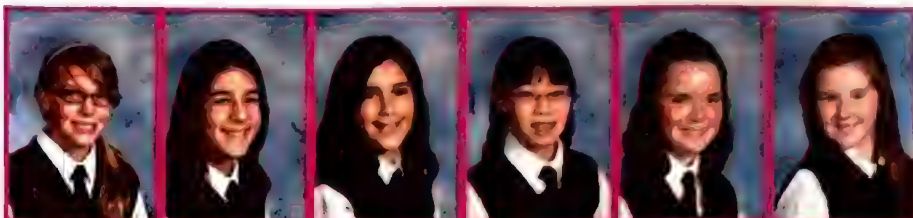
Mireille Forget
Erika Gentile
Isabella Girardi
Maria Guadalupe Levaggi
Ashley Hagen
Hannah Hyde-De Sousa
Cassandra Jones

Thea Koper
Elena Kratsios
Emily Kyte
Emma Kyte
Elyana Lafrance
Tewateroniakwa Lahache
Amanda Larosa

Candice Law
Melissa Likoray
Pamela Mannarino
Sara Mannarino
Michelle Mariani
Olivia Mariani
Lauren Maruya-Li



Class Of 2012: Best New Actresses



Caitlin Matthew
Alexina McLeod
Victoria Mili
Bethany Mount
Sarah Murphy
Jenna Novosad



Emma Pallay
Victoria Perrotta
Maria Power
Marina Prezioso
Alexia Quintin
Jasmine Rach



Deidra Robertson-Chois
Hannah Ryan
Pranavy Sabaratnam
Claudia Salvo
Lauren Samo
Victoria Sarker



Christina Scalia
Katherine-Mary Skotarczyk



Angelina Smolyn
Erica Starnino

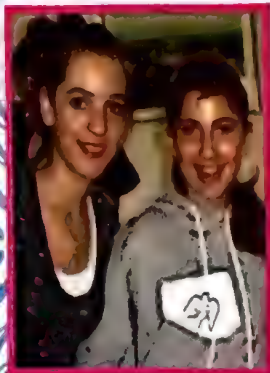
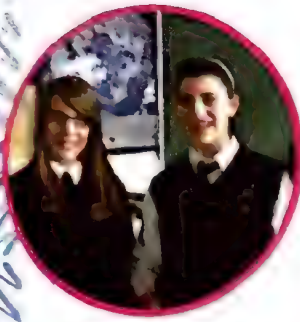


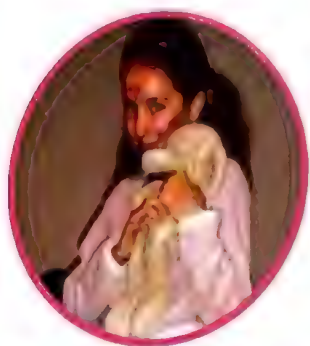
My favourite movie has to be Hairspary. it's just so funny. especially when John Travolta dresses up as a woman!
-Lauren Maruya-Li

Kylie Sura
Georgia Therriault
Nicole Tieman
Joanna Tsotas
Alexia Tummillo
Sarah Turcotte

Tasia Valliant
Laurine Verwiell
Nina Zampogna



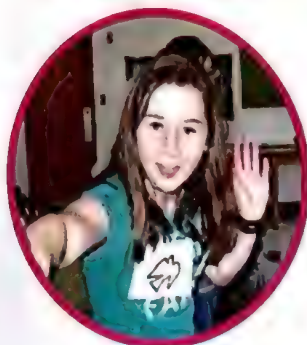
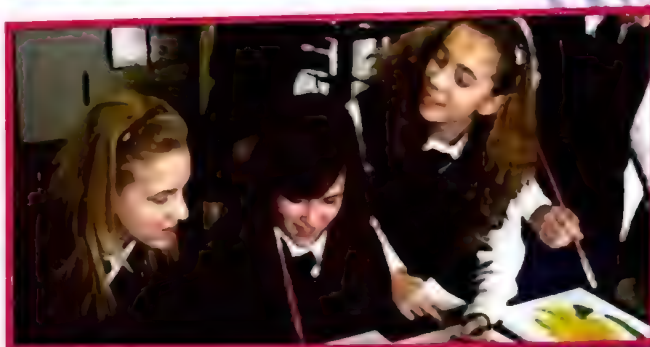




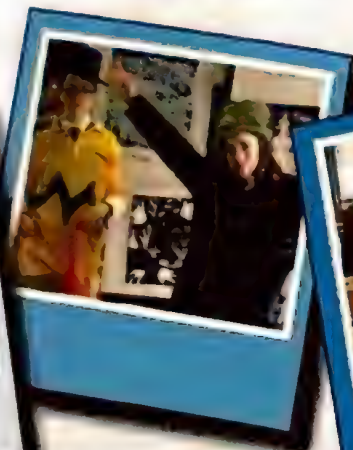
Secondary I

Behind the scenes

C
A
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Secondary II



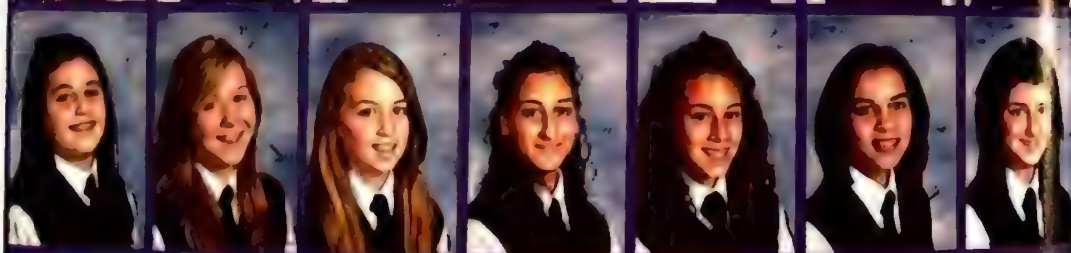
Andrea Angelini
Kenzia Araujo
Aline Asfour
Amanda Atallah
Deborah Athanasopoulos
Alexandra Bergeron
Liana Beyukian



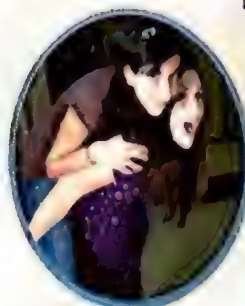
Sarah Botting-Provost
Victoria Brand
Kathleen Brown-Vandecruys
Gabrielle Bucaya
Elizabeth Bureau
Cassidy Burke
Christina Caccese



Kela Chamandy-Cook
Meagan Coleman
Allison Coull
Ivana De Lauri
Sara-Chanel Del Papa
Laura Delucilla
Julia De Petrillo



Eleni Diacoumacos
Kathleen Dicaprio
Cristina Di Censo
Elisabeth Dimitratos
Kristen Di Perno
Gabrielle Fabre
Nadia Floriani



**Favortie
Actress:
Blake Lively**



**Favorite
Actor:
Zac Efron**



Class of 2011

Best Supporting Actresses



Kimberly Fontes
Clemence Forget
Leeza Girolami
Lauren Goforth
Laura Griffin
Teresa Griffin

Katherine Hayden
Amanda Hindley
Christine Horonowitsch
Bernice Law
Rachel Levesque
Claudia Lucente

Elle Malon
Elie Manousakis
Julia Martignetti
Claire Messenger
Vanessa Minicozzi-Capozzolo
Natanya Momesso

Pascale Nguyen
Amanda Paliotti

Talia Paquet
Denise Pehlivanian

Amanda Petropoulos
Emily Pimentel
Katarina Popovic
Stéphanie Rafie
Sarah Reusch
Melanie Romer

Dahlia Segal
Adrianne Silva
Mélanie Sivapalan
Maria-Christina Sorbo-Mayrand
Chloé Sorella
Chelsea Thompson Quartz

Stephania Trocchia
Martina Valentim
Kayla Vecera
Despina Xanthoudakis
Sarah Yaremko



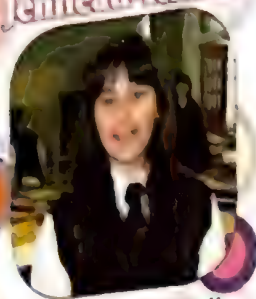
Secondary 2 Candids

Behind the Scenes





Julie Jenneau-Rollin



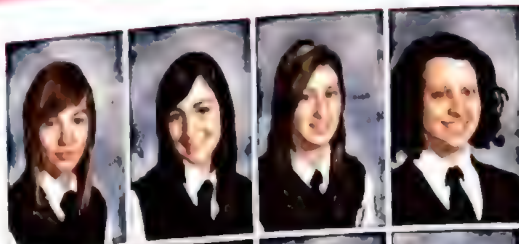
Julie Jenneau-Rollin is just like any other Sacred Heart girl, except for the fact that she's the young spokesperson for "Fondation des Etoiles", an organization that funds research for children's diseases.

When asked if she enjoys what she does, she said, "I like it because helping these kids means that maybe, one day, even I won't have to live with diabetes anymore. I also get to meet a lot of new people." Julie is another example of the devotion of Sacred Heart girls.

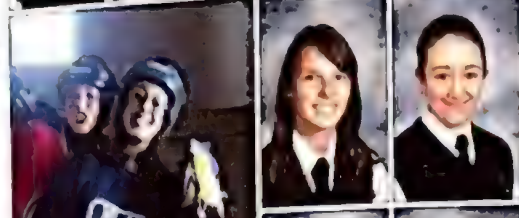


Secondary III

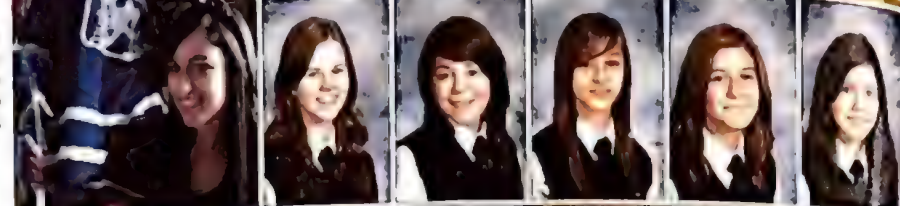
Andrea Abreu-Moore
Jenna Albanese
Lisa Alinauskas
Sarah Attardo



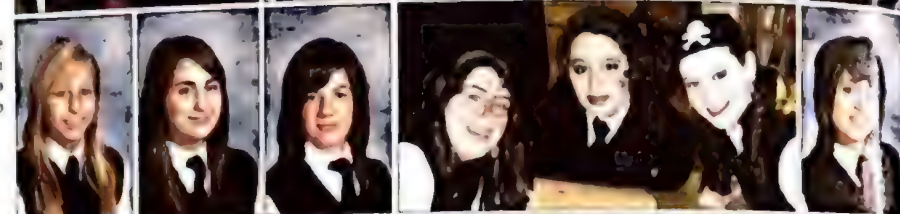
Allison Barwick
Pauline Belliveau



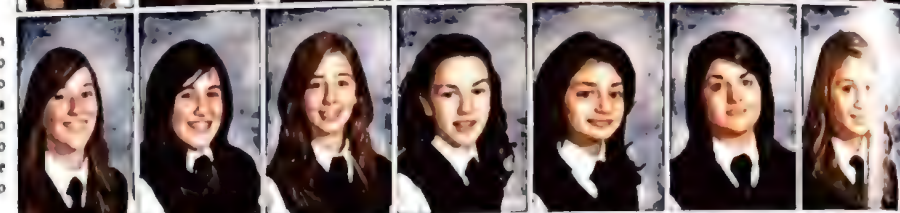
Sarah Benoit
Sarah Berretta
Stephanie Bordonaro
Anna Cammisano
Julia Chadwick



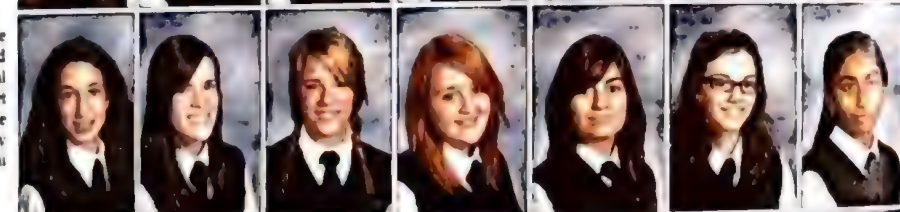
Morgana Clarke
Gabrielle Colacci
Jessica Colavincenzo
Amanda Cordero



Kristin Coughlin
Stefanie Covello
Marlena D'Ambrosio
Genevieve Diaz Alvarez de Toledo
Angela Di Benedetto
Vanessa Di Pasquale
Victoria Di Valerio



Maria Eberle
Julia Elie-Leonard
Kristina Friml
Elizabeth Gagnon-Rivet
Elyssa Gentile
Taylor Gormley
Rajtha Ivadurai



Amanda Jeanson
Julie Jenneau-Rollin
Joy Kalabatidis
Tatiana Kalantzis
Caitlin Kilmartin



Christina Kontaxis
Cassandra Kouremenos
Mara Kyres
Natasha La Rosa
Alexandra Laurendeau



Best Onscreen

Class of 2010



Vanessa Iakopoulou
Claudia Loffredo
Marie Helene Marie

Anna-Frances Meyer
Corina Michetti
Gabriella Michetti
Alexia Mitchell
Jessica Munro

Clare O'Donnell
Kathleen O'Keefe
Vanessa Paliotti
Elena Panaritis
Kelsey Hope Patrick
Emily Perry
Laura Predan-Chauvin

Claudia Police
Aliyah Rahman
Melina Randisi
Bianca Ripolo

Teresa Maria Rosignuolo
Chelsea Russo
Vivianavy Sabaratnam
Dalia Sabra

Michelle Saikali
Soraya Sanchez-Dias
Jessica Santillo
Joanna Santos
Jessica Sicoli
Alexandra Snell
Cynthia Snell

Melissa Spatolisano
Taylor Teodon
Marie-Christine Tiramani
Esme Toussaint
Georgia Tsotas

Natasha Vitale
Carolynn Warner
Luana Zappitelli

Stefanie Covello & Corina Michetti



Corina Michetti and Stefanie Covello, two very talented skaters, partake in synchronized skating competitions. Participating in six competitions a year, they are constantly at the rink, practicing with their team.

In a recent competition, they placed 2nd and 4th. As Stephanie tells it, "It takes a lot of time. When it gets closer to competition we practice almost every day." It's a real commitment, but they love what they do and that's all that matters.



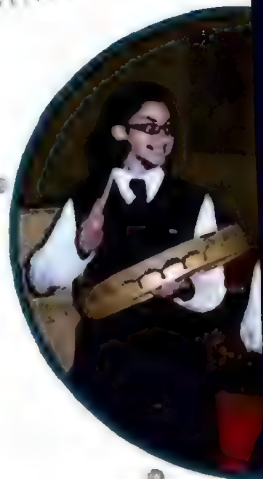
Performance

Behind the Scenes



Sec III





Candid



SECONDARY IV: THE REBELS

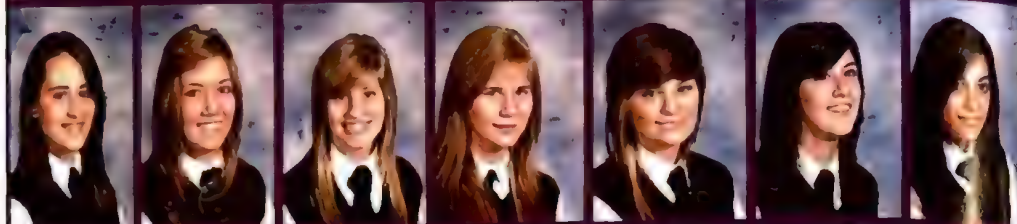
"I've been reckless, but I'm
not a rebel without a cause."
-Angelina Jolie



Sofia Afonso
Alexandra Alacchu
Amanda Arella
Katherine Athanasopoulos
Julijana Benc
Alexandra Boky
Lia Borsellino



Erin Brown-Vandecruys
Meredith Burke
Amanda Cardillo
Emilie Caron
Sandrine Cassis
Rebecca Catellier
Alexandra
Cerulei-Kanellopoulou



Camille Chacra
Garima Chopra
Stéphanie Christodouloupoulos
Bianca Cirillo
Jessye Correia
Samantha Côté
Julie Cruvellier



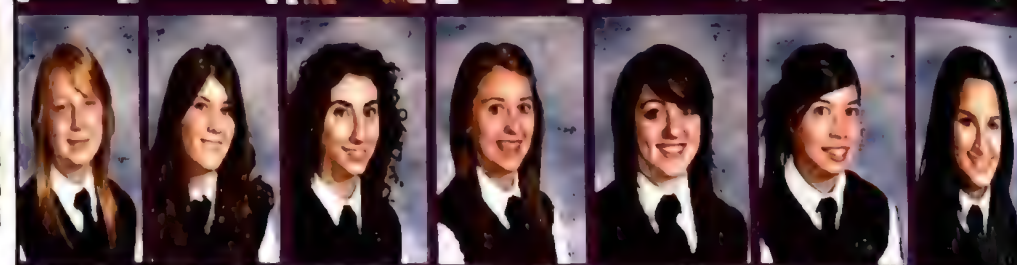
Cassandra D'Amico-Mazza
Emily David
Natalie Davis
Alessia De Lauri
Angelika Delormier Maj
Kimberly Dextras-Romagnino
Alessia Di Giorgio



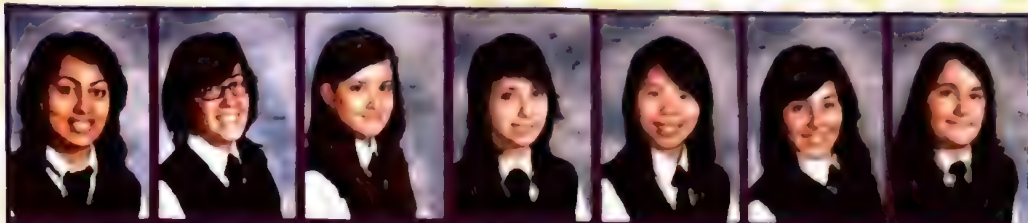
Carina Di Tomaso
Melanie D'Itri
Lauren Farmer
Ashley Farthing
Joanna Fragostefanakis
Émilie Fyfe
Fabiana Ghaleb



Larysa Golymbiowsky
Kelly Guy
Julie Hanna
Emily Horonowitsch
Vanessa Italia
Anne Kafka
Nadia Kanji



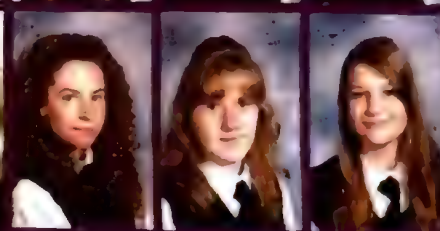
CLASS OF 2009



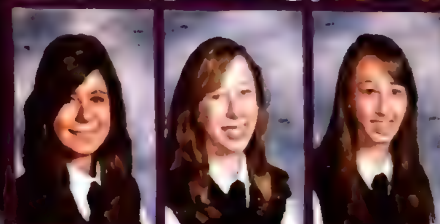
Shenilaa Karunakaran
Amanda Khoury
Katie Kotar
Hava Koulenovitch
Kristina Kwong
Sandra Labbad
Ashley Lanni



Alexandra Levy
Alexandra Lewyckij
Virginie Lombards-Lajoie
Christina MacDougall
Carlin Martin
Elizabeth McDonald
Sabrina Missori



Paola Morin
Tamara Morrison
Elena Motvans



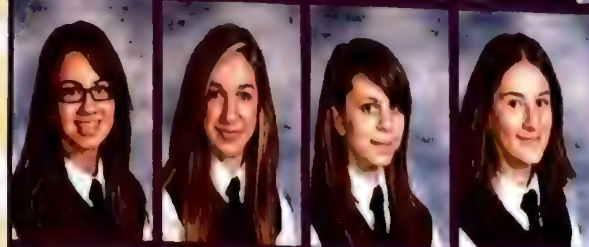
Chrysten Newton
Morgan Orcutt
Spencer Orcutt



Gabriela Padvauskas
Jennifer Palermo
Christina Paolucci
Lauren Papalia
Kathleen Paradis
Leia Pengelley
Natasha Pereira-Erskine



Ashlan Phillips
Christina Rafie
Tamara Rapattoni
Jessica Lauren Sadko
Anita Sarkissian
Pauline Sasouni
Sarah Segal



Nina Toia
Cassandra Travaglini
Jessica Tutino
Zoe Vlogiannitis



MElissa Walsh
Taylor Wright-Connors
Michelle Zakem
Hanieh Zargham



SECONDARY IV CANDIDS: BEHIND THE SCENES

"She's a rebel, she's a rebel, she's a
rebel, and she's dangerous."

-Green Day





Sports



NOW PLAYING...

THE SAINTS



Fall Sports



Bernice Law,
Sophie Cravellet,
Jessica Hindley,
Amanda Hindley

Coach: Mr. Page

Results: Finished
4th as a team; had
a great season.



My life without sports: boring and incomplete. Sports are a great way to have fun with your friends, get some exercise and miss some class. It is always exciting to be on a winning team and throughout my four years, I have made so many memories that will last me a lifetime.



Erin Brown-Vandecruys, Stephanie Courey-Aboud, Brooke Deer, Kayla Di Gaetano, Victoria Di Valerio, Alexandra English, Katie Kotar, Frederique LaForge, Vanessa Paliotti, Kelsey-Hope Patrick, Christina Paolucci, Ashlan Phillips, Nicole Tieman, Sarah Turcotte, Taylor Wright-Connors

Coach: Ms. Brown Assistants: Ms. Arseneault & Mr. Reda



Alison Barwick, Sarah Benoit, Maya Botti, Caroline Colozza, Kayla Di Gaetano, Sofia Di Girolamo, Caitlin Dixon, Alexandra English, Alissa Fiorito, Kristina Fryml, Taylor Gormley, Julie Jenneau-Rollin, Emma Kyte, Kathleen O'Keefe, Spencer Orcutt, Deidra Robertson-Chois, Marianne Roaldi, Lauren Samo, Kylio Sura, Teresa Sweet, Gina Tsotas, Michelle Vokaty

Coaches: Mme. Belfort & Mme. Talbot

Softball: Made it to quarter-finals; had a great season.

Cross-Country Running:
Bantam: 5th
Midget: 1st
Juvi: 1st



Soccer



GMAA Bantam Soccer team

Meagan Coleman, Sara-Chanel Del Papa, Kimberly Fontes, Emily Pimental, Chloe Sorella, Isabella Arduini, Diana DiPaolo, Elayna Lafrance, Natanya Momesso, Emma Pallay, Marina Preziuso, Christia Scalia, Sara Yaremko, Victoria Mili, Katherine Hayden

Coach: Mr. Gallo **Assistant:** Mrs. Barbagallo



Bantam Private School Soccer

Cassidy Burke, Olivia D'Ambrosio, Kirsten Di Perno, Laura Delucilla, Claudia Di Salvatore, Erica Gentile, Teresa Griffin, Lauren Goforth, Amanda Hindley, Thea Koper, Caitlin Matthew, Sarah Murphy, Claudia Salvo, Lauren Samo, Adrienne Silva, Angelina Smolynex

Coach: Ms. Vaupshas



Midget Soccer

Andrea Abreu-Moore, Alexandra Cerulli-Kanellopoulos, Morgana Clarke, Jessica Colavincenzo, Kyrstin Coughlin, Soraya Dias-Sanchez, Amanda Jeanson, Gabrielle Michetti, Clare O'Donnell, Kathleen O'Keefe, Claudia Pulice, Michelle Saikali, Joanna Santos, Melissa Spatonisano, Cynthia Snell, Zoe Vlogiannitis

Coach: Mrs. Cummings **Assistant:** Ms. Dyer



Juvenile Soccer

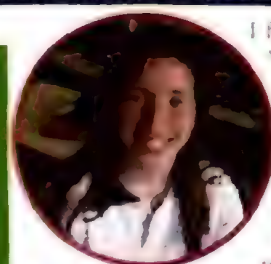
Alessandra Arduini, Amanda Aziz, Amanda Cardillo, Caroline Colozza, Angela Cristiano, Cassandra D'Ambrosio, Kimberly Dextras-Romagnino, Carina Di Tomaso, Lauren Farmer, Elizabeth McDonald, Chelsea Ohayon, Chloe Peterson-Beaudoin, Gabriela Padvaiskis, Kathleen Paradis, Jessica Lauren Sadko, Michelle Vokaty

Coach: Mr. Griffin



Volleyball

Marianne Roaldi, MVP, Championship Game



I first tried out for the volleyball team in September 2004. It was a "spur of the moment" decision but I actually made the team and I ended up really liking volleyball. I liked the fact that it was a team sport I enjoyed the competitiveness

of the games. That first year, we made it to the championship game, but we lost because the referee made bad calls. I never forgot the loss and I wanted to keep on playing volleyball to prove that the Saints could be the GMAA Champions. This year, it happened, the Sacred Heart Juvy Volleyball Team won the Championship game. It felt great!

Jessica Abreu-Moore, Aline Ayfour, Sarah Botting-Prevost, Alexandra Bergeron, Christine Horonowitsch, Claudia Lucette, Julia Martignetti, Pascale Nguyen, Stephanie Rahie

Coach: Mr. Page

Bantam Volleyball



Midget Volleyball

Jenna Albanese, Sarah Berretta, Amanda Cordeiro, Julia Elie-Leonard, Kelly Guy, Emily Horonowitsch, Christina Kontaxis, Christina MacDougall, Chelsea Russo, Jessica Sicoli

Coach: Mr. Kousik

Supervisor: Ms. Antonini



Juvenile Volleyball

Lia Asquini, Sandrine Cassis, Caitlin Dixon, Leizi Lee, Alexandra Michailuk, Tamara Morrison, Leia Pengelley, Marianna Roaldi, Chloe-Lynn Russo

Coach: Ms. Neeff

Division 1 GMAA Champions

Soccer team results:

Bantam (Private School)- Made it to semi-final

Bantam (GMAA)- Finished 4th in the season.

Midget- Division 3 GMAA Champions

Juvenile- Made it to the quarter-final

Volleyball team results:

Bantam- made it to semi-final

Midget- made it to semi-final

Juvenile- Division 1 GMAA Champions



Basketball



What is there to say about Ms. Sarah Neeff, winner of the "Coach of the Year Merit Award"? Apart from the fact that she was a strong supporter of the Physical Education Program, she was also a competitive, adventurous, hilarious, enthusiastic and gregarious person to be with, Ms Neeff... Oh wait, I think

I've answered my own question. Surrounded by loving students at the Heart, Ms Neeff showed the prerequisites required to be nominated for this outstanding award. But how does one receive this honorable prize? Well, as the recipient of this award, Ms Neeff had to be teaching in the GMAA for at least ten years, involving herself in at least two sports. Her name was thus put forth as a nomination by Mrs. Brooks, and along with another coach, the GMAA Association chose the one and only, Ms Sarah Neeff. And what a choice they made.

Sarah Neeff, who is leaving us for Miss Edgar's and Miss Cramps' School, will make a great addition to their community. They will be very fortunate to have such an outstand-

ing individual who will contribute great things such as team spirit and her incredible passion for teaching. When asked who she would rather see win in a basketball game between Sacred and ECS, Ms Neeff replied "Well, if it was my team at ECS, then I would definitely want ECS to win. But I wouldn't mind losing to Sacred." We will miss you Ms Neeff! And remember, "SACRED GIRLS NEVER GO OUT OF STYLE!"

- Alex Cerulli, Katie Kotar and Lauren Farmer



Bantam Basketball

Kathleen DiCaprio, Kristen DiPerno, Sara-Chanel Del Papa, Laura Delacilla, Kimberly Fontes, Lauren Goforth, Teresa Griffin, Elle Malon, Stephanie Rafie, Hannah Ryan, Lauren Sano, Melanie Sivapalan
Coach: Mrs. Cumming
Assistant Coach: Sophie Grigoropoulos



Midget Basketball

Andrea Abreu-Moore, Kyrstin Coughlin, Fabiana Ghalei, Amanda Jeanson, Cassandra Kouremenos, Alexia Mitchell, Clare O'Donnell, Michelle Saikali, Joanna Santos, Taylor Wright-Connors, Luana Zappitelli

Coaches: Ms Dyer and Mr. Van der Wee



Juvenile Basketball

Rebecca Catellier, Cassandra D'Ambrosio, Kimberly Dextras-Romagnino, Kayla DiGaetano, Lauren Farmer, Chloe Griffin, Virginia Lombardi-Lajoie, Elizabeth McDonald, Gabriela Padvaikas, Tiffany Piergiovanni, Michelle Vokaty

Coach: Ms Neeff



Football



Bantam Football

Kela Chomandy-Cook, Jasmine Ciccioluppo, Megan Coleman, Sara-Chanel Del Papa, Laura Delucello, Kristen Di Perno, Eleni Diacourmavou, Lauren Gortelli, Amanda Hindley, Christine Horowitz, Sarah Murphy, Emma Palay, Claudia Salvo, Lauren Samu, Melanie Szwedman, Sarah Yaremko
Coaches: Mr. Reda & Mr. Gallo



Midget Football

Cynthia Snell, Cassandra Kouremenos, Michelle Saikali, Kyrstin Coughlin, Morgana Clarke, Clare O'Donnell, Alison Barwick, Alexia Mitchell, Andrea Abreu-Moore, Melissa Walsh, Carina Di Tomaso, Rebecca Catellier
Coaches: Mr. Page and Ms. Neef



Juvenile Football

Caroline Colozza, Alexandra Cerulli-Kanellopoulos, Cassandra D'Ambrosio, Kimberly Dextras-Romagnino, Kayla Di Gaetano, Chloe Griffin, Alexandra English, Lauren Farmer, Elizabeth McDonald, Chelsea Ohayon, Gabriella Padvaiskas, Marianne Roaldi, Michelle Vokaty
Coaches: Mr. Cumming and Mr. Griffin



Winter Sports



Cross Country Skiing Team

Bantam: Alexa Eberle, Thea Koper, Caitlin Matthew, Elizabeth Bureau, Melanie Romer, Christina Di Cenzo

Midget: Pauline Belliveau, Taylor Gormley, Alison Barwick, Julia Chadwick, Gabrielle Colacci, Georgia Tsotsas, Claudia Pulice, Maria Eberle, Vyisnavy Sabaratnam, Aliyah Rahman
Coaches: Mme. Belfort & Mme. Talbot



Swim Team

Bantam: Kathleen Brown-Vandecruys, Sarah Yaremko, Victoria Brand, Marlina D'Ambrosio, Rachel Levesque, Sophie Cruvellier, Jasmina Rach, Kylie Sura, Sarah Murphy, Erika Gentile, Jenna Novostad, Leeza Girolami, Adrienne Silva, Elizabeth Bureau, Victoria Brand. Midget: Meredith Burke, Flynn Gentile, Alison Barwick, Sarah Benoit, Joy Kalafatidis, Erin Brown-Vandecruys, Julijana Benc, Victoria Di Valerio. Juvi: Teresa Sweet, Michelle Vokaty.
Coaches: Ms. Armstrong & Ms. MacIntosh



Badminton

Bantam: S. Rafie, C. Salvo, A. Smolyneec, L. Goforth & C. Sorella, J. Martignetti & R. Levesque, P. Nguyen & B. Law, M. Botti & E. Kyte, C. Law & L. Maruya - Li. Midget: L. Pengelley, S. Missouri, C. Russo, T. Morrison & K. Paradis, R. Iydrari & V. Paliotti, J. Jenneau-Rollin & A. Laurendeau. Juvenile: L. Asquini, K. Kotar, V. Yu, F. LaForge & C. Russo, C. Colozza & M. Realdi, E. Fyle, C. Mac Dougall, E. Brown-Vandecruys



Sports Banquet



Our GAA Co-Presidents organized a great evening for all!

The guest speaker at this year's Sports Banquet was none other than Chris Blanchard, the Olympic Cross-Country Skier. His words of wisdom provided this year's athletes with motivation and encouragement to continue working hard.



Michelle Vokaty won the Senoir Athletic Award for the 2007-2008 school year. An MVP from every sports team was recognized. It was the perfect opportunity to have our wonderful athletes recognized for their hard work and dedication to Sacred Heart sports teams throughout the year.

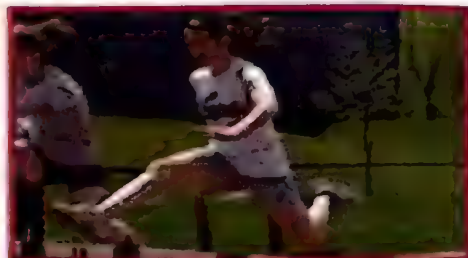


Spring Sports



Track and Field

Bantam: Maya Roth, Kathleen Brown-Vandercruys, Christina Caruso, Heidi Diavanzano, Emily Kite, Rachel Lyesque, Melanie Jorgensen, Marie-Christine Fortin-Maynard, Kyle Sosa, Nina Zampieri
Midget: Amanda Avella, Alison Barwick, Sarah Benoit, Erin Brown-Vandercruys, Stephanie Christodoulou, Jessica Colavinnen, Kristian Fyrd, Emily Kyle, Julie Hanna, Joy Kalafatidis, Elizabeth McDonald, Gabriella Michetti, Spencer Orcutt, Gabriela Padavan, Vanessa Pallotti, Christina Pulice, Melissa Spadisano, Taylor Wright-Connors
Juvenile: Caroline Colozza, Sofia DiCarolamo, Caitlin Dixon, Frederique La Force, Marianne Rosdi, Teresa Sweet
Coach: Mme. Belfort



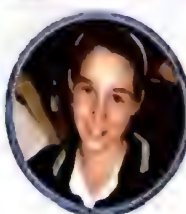
Halo Road Race

Melanie D'Itri, Camille Chacra, Paola Morin, Emily David, Alexandra Alacchi, Julie Hanna, Marie-Christine Tiramani, Anna Cammisano, Joy Kalafatidis, Jessica Colavinnen, Cynthia Snell, Corina Micheletti, Stefanie Covello, Alison Barwick, Sarah Benoit, Kathleen O'Keffe, Luanna Zappitelli, Marie Eberle, Claudia Pulice, Kathleen Brown-Vandercruys, Rachel Lyesque, Sarah Yaremko, Kimberly Fontes, Launa Delucilla
Coaches: Ms. Cardillo & Ms. Macintosh

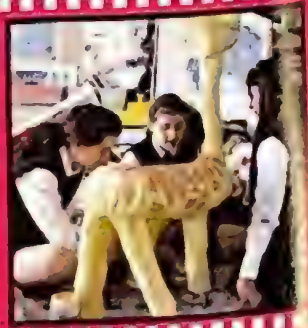


Tennis Team

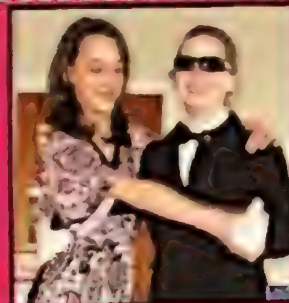
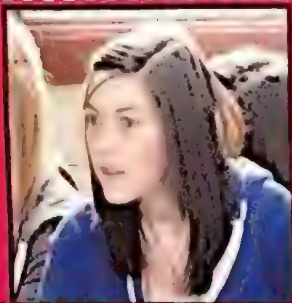
Bantam: Aline Asfour, Teresa Griffin, Claudia Lucente, Lauren, Maruya-Li, Stephanie Rafie, Deidra Robertson-Chois, Laurine Verwiel
Midget: Meredith Burke, Morgana Clarke, Taylor Gormley, Gabriella Michetti, Eleni Panaritis, Kathleen Paradis, Michelle Sakali
Juvenile: Lia Asquini, Amanda Aziz, Samantha Coté, Erica Deutschman, Chloe Griffin, Katina Goulakos, Michelle Zakem
Coaches: Mr. Asquini, Mme. Morrisseau



Student Life



The life as a Sacred Heart student is crazy. From loads of homework, to day-to-day activities and events; I don't even know how we manage. As Sacred girls, we have always been encouraged to get involved as much as possible. Sport teams, committees, clubs - it's never ending. There is always something to do and someone in need of a helping hand. The whole year through is absolutely draining; but by the end everything is worth it. From all the hard work, the sleepless nights, the laughter and the tears, the memories gained are priceless.



The Feature Presentation



Junior Book Club

Katherine Chamandy, Cassandra Jones, Amanda Larosa, Alexina McLeod, Georgia Therriault, Laurine Verwiell
Advisor: Ms. Arella



Senior Book Club

Lia Asquini, Yukiko Evoy, Frédérique La Forge
Advisor: Ms. Armstrong



Art Club

Amanda Aziz, Pauline Belliveau, Lia Borsellino, Alexandra Ruffolo, Bianca Cuffaro, Amanda Cardillo, Sheila Canlos, Cassandra D'Ambrosio, Marlena D'Ambrosio, Victoria Di Valerio, Cassandra Giaccari, Leeza Girolami, Amanda Hajaly, Emma Hannouche, Nadia Kanji, Caitlin Kilmartin, Emily Kyte, Alexandra Levy, Claudia Lucente, Cailin Martin, Kelsey-Hope Patrick, Karimah Rahman, Victoria Sarker, Dahlia Segal, Elisabeth Dimitratos, Alexandra Snell, Maria-Christina Sorbo-Mayrand, Esme Toussaint
Advisor: Ms. Gendron



Spelling Club

Nadia Floriani
Advisor: Ms. McIvor

The Beat

Amanda Arella, Pauline Belliveau, Meredith Burke, Alessia Di Giorgio, Emily Horonowitsch, Kathryn Kotar, Elizabeth McDonald, Christina Paolucci, Hanieh Zargham
Advisor: Ms. Arella

Model UN

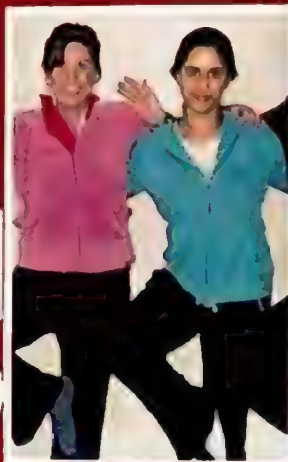
Alex Lewyckyj, Jennifer Palermo, Kelly Guy, Emily Horonowitsch, Christina Paolucci, Amanda Arella, Katherine Athanasopoulos, Joanna Fragostefanakis, Nadia Kanji, Julie Jenneau-Rollin, Nina Toia, Cassandra Kouremenos, Kyrstin Coughlin, Cynthia Snell, Gabriella Michetti, Dalia Sabra, Sarah Benoit, Emily Perry, Stephanie Christodouloupoulos

Advisors: Mr. Beauvais & Mr. Gallo



Debating Club

Lia D'Abate, Ashley Lanni, Alexandra Lewyckyj, Karimah Rahman
Advisor: Mr. Bordonaro





Photography Club

Emilie Caron, Nadia Kanji, Jessica Tutino

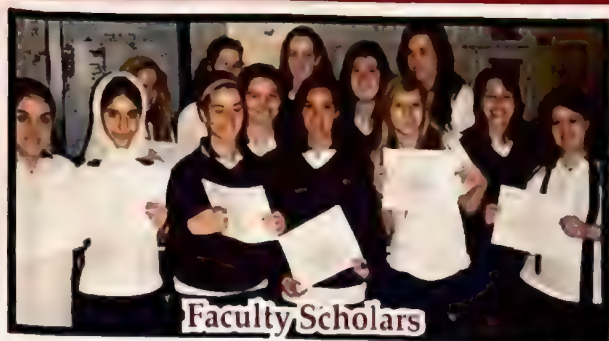
Advisor: Ms. Gendron



Environment/Recycling Club

Olivia Kuzyk, Alexandra Uva, Secondary II volunteers

Advisor: Mr. Laperle



Faculty Scholars

Alexandra Chloé Alacchi, Amanda Arella, Elizabeth Bureau, Rebecca Catellier, Morgana Clarke, Lia D'Abate, Laura Delucilla, Alessia Di Giorgio, Kristen Di Perno, Fabiana Ghaleb, Kathryn Kotar, Chelsea Thompson Quartz, Hanieh Zargham

Advisor: Mr. Judson



SSUNS

Lia D'Abate, Olivia Durand, Alexandra English, Erica Franchi, Denise Garadjalou, Katina Goulakos, Alexandra Lewycky, Karimah Rahman

Advisor: Mr. Gallo



Yoga Club

Amanda Arella, Meredith Burke, Ganma Chopra, Anna Camminano, Alessia Di Giorgio, Erica Franchi, Amanda Hindley, Emily Horonowitsch, Cassandra Jones, Alexandra Lewycky, Claudia Lucente, Elie Manousakis, Julia Martignetti, Caitlin Martin, Anna Frances Meyer, Victoria Moli, Jessica Munro, Spencer Orcutt, Eleni Panaritis, Christina Paolucci, Tiffany Piergiovanni, Kaylie Sura, Alessandra Traversari, Georgia Therriault, Jessica Tutino, Alexandra Uva, Despina Xanathoudakis

Advisor: Ms. McNamara

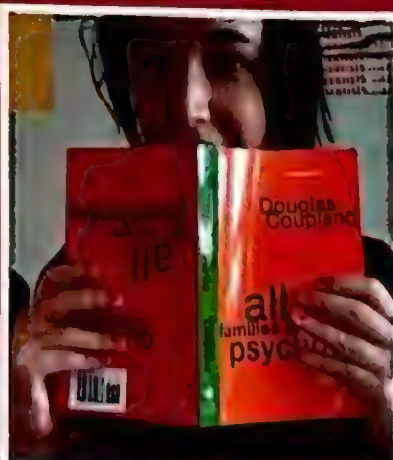
Literary Magazine

Deborah Athanasopoulos, Katherine Athanasopoulos, Jessica Bindra, Rebecca Catellier, Joanna Fragostefanakis, Claudia Loffredo, Elena Motivans, Melina Randisi, Cynthia Snell, Nina Toia, Georgia Tsotas, Michelle Zakem, Hannieh Zargham

Advisor: Ms. Armstrong

Junior Debating Club

Pauline Belliveau, Julie Jenneau-Rollin, Cassandra Jones, Christina Kontaxis, Maria Kyres, Chelsea Russo, Victoria Sarker, Georgia Therriault, Georgia Tsotas, Joanna Tsotas



MUSICAL CLUBS

Playing the
soundtrack to our
movie



Vocal Ensemble

Sarah Attardo, Samantha Backman, Kerry Mae Blake-Savery, Pamela Caccese, Lia D'Abate, Brooke Deer, Victoria Di Valerio, Ashley Grace Farthing, Kristina Fryml, Rajitha Iyadurai, Tatiana Kalantzis, Cassandra Kouremenos, Ashley Lanqi, Rosa Lee, Vanessa Paliotti, Kelsey-Hope Patrick, Chelsea Russo, Chloe Russo, Esme Toussaint, Cassandra Travaglini

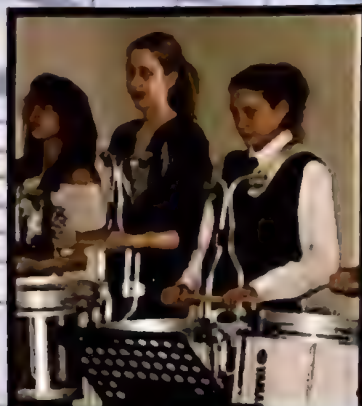
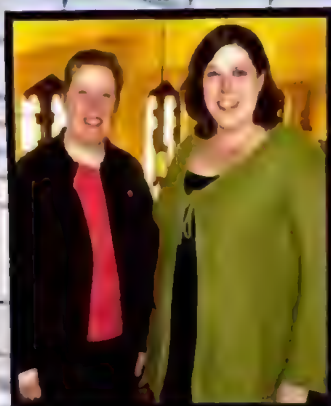
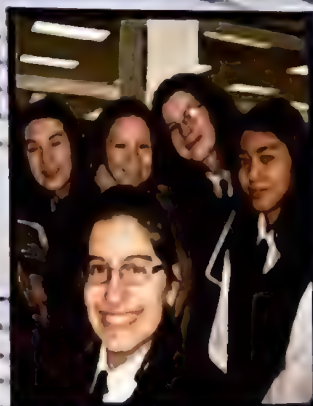
Jazz Vocal Ensemble

Sarah Attardo, Samantha Backman, Kerry Mae Blake-Savery, Pamela Caccese, Lia D'Abate, Brooke Deer, Victoria Di Valerio, Rajitha Iyadurai, Rosa Lee, Vanessa Paliotti, Kelsey-Hope Patrick, Chelsea Russo, Chloe Russo, Esme Toussaint



Liturgical Choir

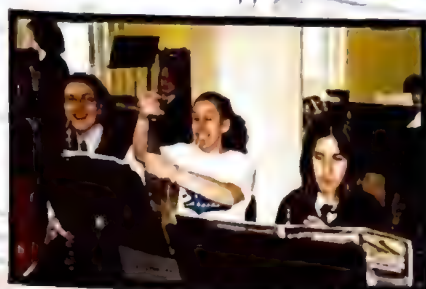
Lisa Allinauskas, Sarah Attardo, Pamela Caccese, Garima Chopra, Lia D'Abate, Brooke Deer, Sofia Di Girolamo, Claudia Di Salvatore, Victoria Di Valerio, Kristina Fryml, Teresa Griffin, Julie Jenneau-Rollin, Caitlin Kilmartin, Cassandra Kouremenos, Kristina Kwong, Maria Kyres, Rosa Lee, Tamara Morrison, Elena Motivans, Jessica Munro, Vanessa Paliotti, Kelsey-Hope Patrick, Laura Predan-Chauvin, Claudia Pulice, Marianne Roaldi, Chelsea Russo, Chloe Russo, Alex Snell, Cynthia Snell, Teresa Sweet, Esme Toussaint, Gina Tsotas, Natasha Vitale





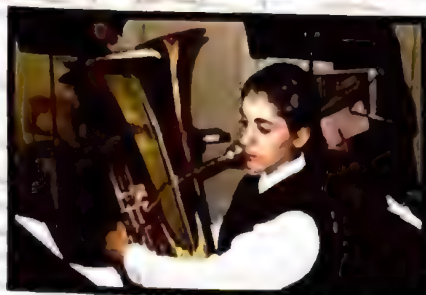
Junior Band

Andrea Angelini, Kenzia Araujo, Amanda Atallah, Sarah Bottin-Provost, Victoria Brand, Kathleen Brown-Vandercruys, Gabrielle Bucaya, Cassidy Burke, Katherine Chamandy, Kela Chamandy-Cook, Meagan Coleman, Allison Coull, Julia De Petrillo, Eleni Diacoumicos, Christina Di Censo, Elisabeth Dimitratos, Gabrielle Fabre, Nadia Floriani, Clemence Forget, Leeza Girolami, Teresa Griffin, Katherine Hayden, Christine Horonowitsch, Elena Kratsios, Natanya Momesso, Emily Pimentel, Stephanie Rafie, Sarah Reusch, Melanie Romer, Melanie Sivapalan, Maria-Christina Sorba-Mayrand, Chloe Sorella, Chelsea Thompson Quartz, Kayla Vecera, Sarah Yaremko



Concert Band

Alexandra Alacchi, Lisa Alinauskas, Amanda Arella, Sarah Attardo, Samantha Backman, Alyssa Baldoni, Alison Barwick, Chelsea Brossard, Erin Brown-Vandercruys, Kathleen Brown-Vandercruys, Amanda Coredeiro, Stefanie Covello, Lia D'Abate, Veva Diaz, Angela Di Benedetto, Sonia Di Girolamo, Caitlin Dixon, Maria Loren Eberle, Kristina Fryml, Fabiana Ghaleb, Larysa Golymbiowsky, Taylor Gormley, Julie Jenneau-Rollin, Joy Kalafatidis, Christina Kontaxos, Rosa Lee, Alexandra Levy, Alexandra Lewycky, Anna Frances Meyer, Conna Micheletti, Alexia Mitchell, Elena Motivans, Kelsey-Hope Patrick, Leia Pengelley, Claudia Pulice, Melina Randisi, Marianne Roaldi, Chelsea Russo, Chloe Russo, Hannah Ryan, Michelle Saikali, Melissa Spatolisano, Esme Toussaint, Gina Tsotas, Natasha Vitale, Michelle Zakem



Jazz Band

Sarah Attardo, Samantha Backman, Alison Barwick, Erin Brown-Vandercruys, Angela Di Benedetto, Caitlin Dixon, Kristina Fryml, Fabiana Ghaleb, Larysa Golymbiowsky, Rosa Lee, Alexandra Levy, Anna Frances Meyer, Leia Pengelley, Marianne Roaldi, Chelsea Russo, Chloe Russo, Esme Toussaint, Gina Tsotas, Michelle Zakem



© Band Trips ©



Our gorgeous musical cast has been all around! Junior Band went to Ottawa, while Vocal Ensemble and Concert Band enjoyed a trip to Boston. In Ottawa, the Junior Band was invited to go to Nationals. In Boston, Vocal Ensemble won Gold and the Concert Band won Silver. Congratulations on the wonderful work, ladies, and a big thank you to Ms. Martel & Ms. Walsh for all their hard work.





Lauren Farmer
Taiwan



Alexandra Lewyckj
Australia



Stephanie Christodouloupoulos
Taiwan



Rebecca Catelier
Australia

Thank you to Ms. Potter and
Mme. de Sainte Marie for all
thier hard work in coordi-
nating this wonderful expe-
rience for the girls.



Miles
of
MEMORIES

Student Exchange



Frederique La Forge
Germany



Bianca Bertoia
England



Elena Motivans
California



Kathleen Paradis
New Jersey



Sofia Di Girolamo
Australia



Olivia Kuzyk
England

MEMORIES

GIRLS FOR THE CURE 2007



This year, \$100 000 was raised for the St. Mary's Hospital Foundation. Another successful year brings us one step closer to finding a cure. Never underestimate the effects of girl power! "Baby raise money, raise money, raise more!"



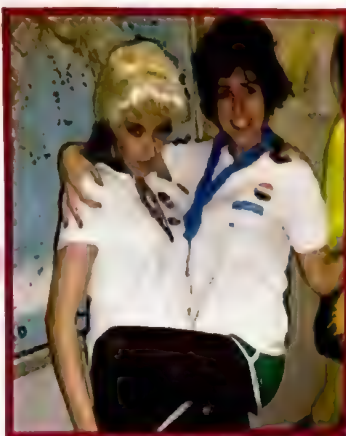
Our hearts fluttered as the butterflies released in honour of Shelagh Coinner. We will never forget this inspirational woman who left us earlier this year. Her contribution to Girls for the Cure has been invaluable.



SPIRIT DAY CHEERLEADERS



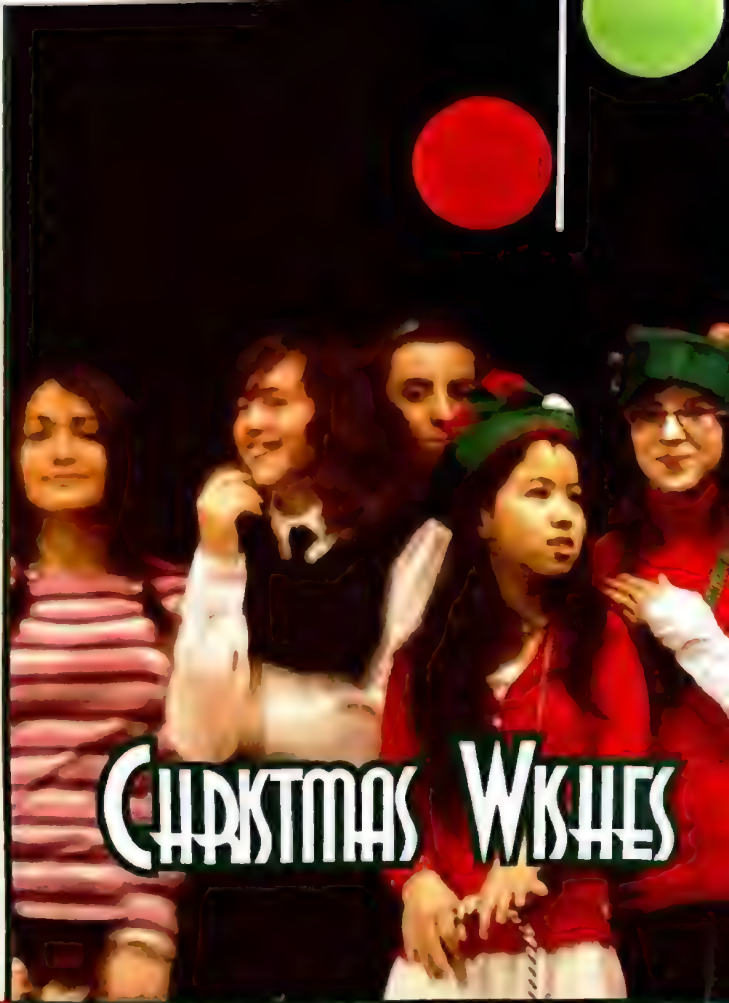
The air was filled with fright and fun during out 2008 Spirit Day. All kinds of spirited cheerleaders roamed the halls. The whole school cheered on as the Sec Vs challenged the teachers to a game of ultimate frisbee in the gym. Give me an 'S', give me a 'P', give me an 'IRIT' ...'GO SPIRIT!'



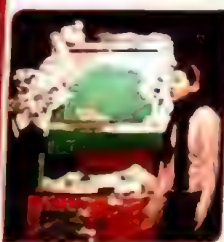
CHRISTMAS BASKETS



Another Christmas, another year of spreading the spirit with Christmas Baskets. Each homeroom collected food for their family and were more than generous. We have made Christmas a special time for many needy families in the Montreal area.



CHRISTMAS WISHES



This year, Christmas Wishes told stories of magical elves with their poisoned cocoa, a little angel who didn't fit in and a heart-warming story showing us the importance of family. This year's theme of community was a great success. Two thumbs up!



A CHRISTMAS CAROL



CHRISTMAS CONCERT

2007 CHRISTMAS CONCERT IS A SUCCESS!

Another successful concert for Sacred Heart's most celebrated musicians! Ms. Martel's Vocal Ensemble sang such Christmas favourites as *Do You See the Star?* and the new Vocal Jazz Ensemble sang *A Christmas Song*. We even had the privilege to hear the Guitar Ensemble play *Joy to the World*. Once again, Ms. Walsh's Concert Band astounded us with *Christmas Time is Here* and we were pleased to hear the Junior Band play *Joyful and Triumphant*. We were glad to see our adorable Wooden Soldiers, led by Caitlin Kilmartin, dance for us. Even the Jazz Band made an appearance with *Holiday Jam*. To top it off, the ever popular Teacher's Choir entertained us with a medley of *Christmas Is* and *The Christmas Song*. This concert, featuring the Sound of Angels, was one that will be remembered for years to come.



DASHA BUSTADD



Teacher Appreciation Week came to an end with another very entertaining show. It truly was a full-on extravaganza. The all-around elements from our previous The Breakfast Club, Napoleon Dynamite, Mean Girls and many more. All of the humor and songs were exceptionally talented and very funny was the Spice Girls dance! Afterwards, Alexandra English delivered her very touching video presentation. It even made a bit of the Secondary Year up. Congratulations to everyone who was in there and a big thank you to all of the teachers and staff who made it all possible!



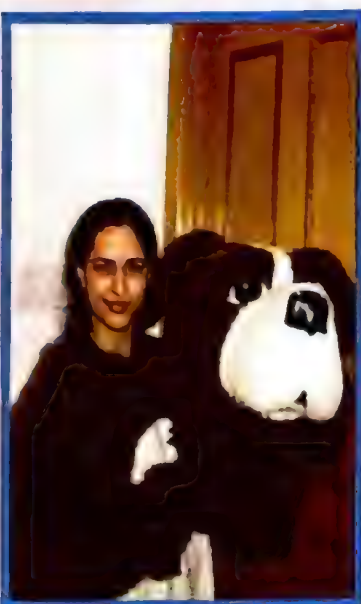
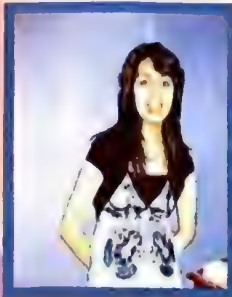
CANDIDS

Teachers,
you put the
leader in
cheerleader,
and for that
we love
you.





...CANDIDS



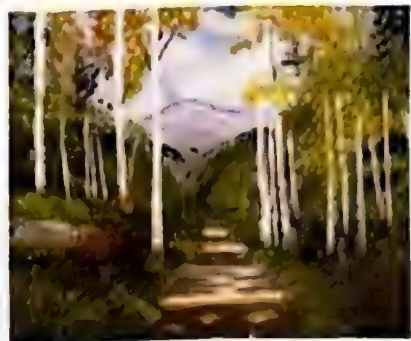
The Comedy of Love and War



The ever-popular City House Players, directed by Ms. Arsenault, presented *The Comedy of Love and War*. The Players, all Secondary V Drama elective students, once again exceeded our expectations. This production was one not to be missed.



THE CITY HOUSE PLAYERS



Arts Festival



Strawberry Fields Forever



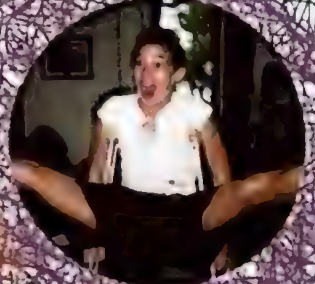
This year's Arts Festival brought us across the border to New York City. We were able to visit the Metropolitan Museum of Art, the Museum of Modern Art (MoMA), Clementine, and Madame Tussaud's Wax Museum. Without leaving the comfort of the Reception Room, we were brought to Central Park and the Central Park Zoo; we saw Madison Square Garden; we took a walk down Wall St and were enchanted by the sights and sounds of Broadway. A huge thank you to Ms. Gendron, Ms. Harris, the Art Committee and all of the talented artists.



WELCOME TO NEW YORK

Secondary I Retreat

WE
ARE
FAMILY





Our secondary two retreat was a wonderful experience. We analyzed the concept of good and evil. We also watched a very cute movie about ghosts that watch over a little boy. It was inspirational and taught us that everyone has a purpose in life.

Bernice Law & Emily Pimentel

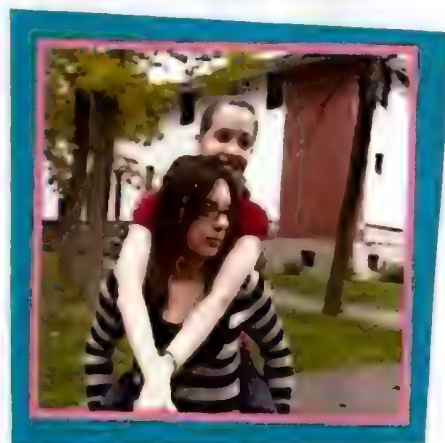


Sec. II Retreat

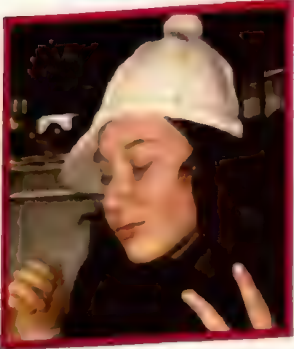


"This retreat was a blast! We were able to make many new long lasting friendships, and learn more about each other!"

—Adrienne Silva



The Miracle That is You



"The child must know that she is a miracle, that since the beginning of the world there hasn't been, and until the end of the world there will not be, another child like her."

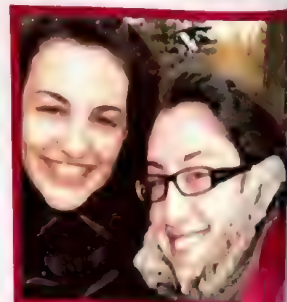
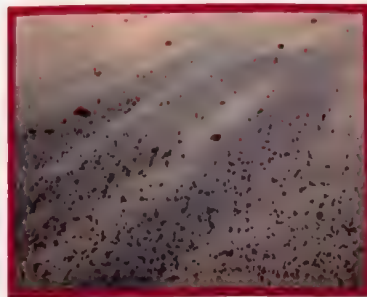
- Pablo Casals

Sec III Retreat



"I think that I'm God's instrument - that He's gonna use me to carry out His plan."

- Simon Birch



SEC IV RETREAT

I've
always
thought of myself
as a house. I was always
what I lived in. It didn't need to
be big. It didn't need to be beautiful, it just
needed to be mine. I became what I was meant to be.
I built myself a life. I built myself a house.

- Life as a House



"YOU ARE YOUR OWN HOUSE...UNIQUE"





Venice

Florence

Siena

San Gimignano

Sorrento

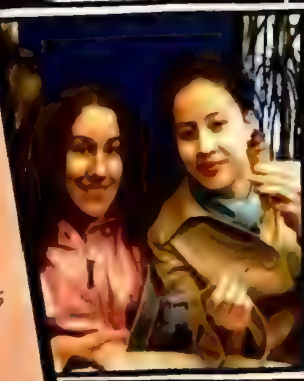
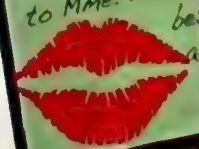
Pompei

Rome

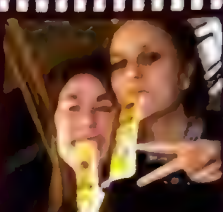


Regardless of the one-day delay at the airport, this year's trip to Italy was amazing! We enjoyed the fine taste of Italy's culture, and especially the pizza and Bacio gelato. Many Italian and Spanish boys were met, and much bonding was done late at night in our cozy hotel rooms. Some favourite stores were Carpisa, Miss Sixty and Intimissimi. We even got to see the Coliseum and statue of David. Thanks to Mme. Mauri and Ms. Gendron for being the best tour guides we could have asked for.

Ciao Bella!



Graduates



SACRED HEART GRADUATES

2008

MLT: Most likely to...

Graduates: The Stars of 2008

Stacy Angelis



Congratulations Class of '08! We finally did it! Thank you mom, dad, Nicholas, and Diana, who are my love and support. To my friends, I love you all. You made these five years amazing. These memories will last a lifetime.

MLT: trip while standing still.

Bianca Arciero

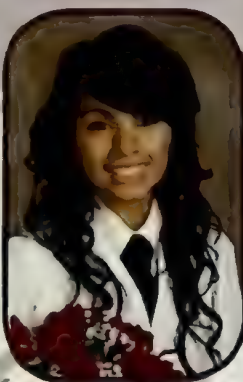


Ladies, be it braces, parties, bad tests, great trips, Stratford, sweet 16s, Robotics or highlighter fights, we did it together! Prefects '08, ABC2 +EF, I love you. B: together for 5 years, so many memories. Thank you teachers, you were awesome. Go DuKou! Forever & ever the grads of '08!!!

MLT: be the star of a comedy club for people with bad comebacks.

Alessandra Arduini

Five years already! All my friends, you are amazing. You've all given me the best memories anyone could ever ask for. Lunch Table '08, you girls are like sisters, I love you & thank you. Cardz bff, I'll miss you. Grads of '08, this is it; we made it.



MLT: show up at her own wedding wearing a mini skirt.

Melissa Ariganello



Congrats to the class of '08! Mom & Dad thanks for all your support and love given to me throughout my high school years. To all the teachers, thank you for your guidance. "The future is a convenient place for dreams." Anatole France - La Vita Bella -

MLT: get married to Orlando Bloom, and bring back The O.C.

Lia Asquini



Has it been five years already? I will never forget all the amazing memories: laughs in French class, vball gold, Stratford, lunch conversations, forked pizza... Thanks to all my friends JB, AE, MV, TS, MR, CC, SD and many more. I love you all. You guys made it great!

MLT: try to become a model but be rejected because her IQ is too high.

Amanda Aziz



Congratulations Grads of '08! Mom, Dad, Tiff, Mike thanks for the support. ES for life. To all my close friends, you know who you are. "Through the good, the bad, the ups and the downs I'll still be here for you." EH+LC=sisters for life. MS Big Bro for life. WE MADE IT!

MLT: get arrested for stalking Beyoncé, and yell at the officer "But I don't get it!"

Graduates: The Stars of 2008

Samantha Backman



Perversely, part of me wishes to stay here yet part of me can't help but be anxious for the future and my endeavours. To my teachers and peers, whose support, lessons and memories are invaluable as I set out on the journey of life, thank you and I'll miss you.

MLT: go trick-or-treating until she's 92.

Alyssa Baldoni



Congrats to the Grads of '08! So many great memories & great friends that I'll never forget. N.P, J.P.S, E.F.P, L.L, S.L, Y.E, R.D.L, A.L. Thank you for always being there for me through thick and thin. Thank you Mom, Dad, Lena, Grandma, Mark. I love you all.

MLT: get distracted at my own wedding, probably during the vows.

Bianca Bertoia

"Wherever you go, go with all your HEART. "BTL-the sisters I never had, forever doesn't come close. B: 5 years. JBK mornings. 09/94. Girls, you made it what it was; I love you all. I'll never forget a minute of it. It's time to hang up the uniform, but this is only the beginning..."



MLT: move to New York City and spend her life savings in 5 minutes.

Jessica Bindra



"Make the most of yourself, for that is all there is of you." Ralph Waldo Emerson. Grads of '08, thanks for keeping it real! These last five years have been truly amazing and unforgettable. To all my FRIENDS <3, thanks for the great memories. I love you all! Bonne Chance!

MLT: work in a candy store, eat all the sweets herself, & easily convince her boss the candy was stolen.

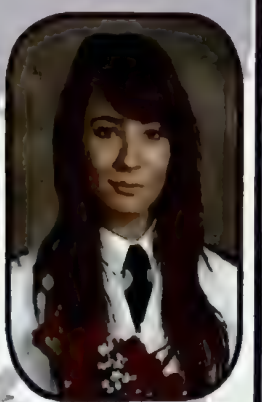
Kerry Blake-Savery



Wasn't it just yesterday that I walked through those famous Penfield doors? Great times: vocal, retreats, trip to Ottawa (during the farmer's protests), Stratford (oh the memories made at the Festival Inn!), and Toronto ... it rocked. A special thanks to mom, dad and my fellow grads. I couldn't have done it without you!

MLT: fall off the face of the earth by defying gravity, write a sequel to Wordly Wise and live in a tree top loft.

Chelsea Brassard



Thanks mom, dad & Sarah for putting up with me! TLC4LIFE CD AH SC TP LS: you are unforgettable, you guys are like sisters & complete me. Congrats on finally unbuttoning those colored shirts & facing the scary life that lies beyond those Dr. Penfield doors!

MLT: show up late with wet hair to her own Hello Kitty themed wedding, walk down the aisle to the O.C theme songs, and sneeze during the "I do's."

Graduates: The Stars of 2008

Pamela Caccese



Whatever way our stories end I know you have rewritten mine by being my friend. Once upon a time, I was a confused kid who wore polo shirts with ties. It's been five years since then and they've been fantabulous. Thanks everybody. I'll love you, always and forever. <3

MLT: direct, score and star in her own musical, all about math... after having married a monk.

Laurinda Caporusio

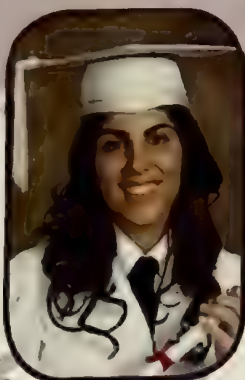


Five years have passed so quickly. I have met so many amazing friends throughout these years and I've known some of you for even longer. Mom, Dad, Kevin, thank you for everything. I love you so much. Congratulations Grads of 2008!

MLT: take over her mom's job at Dunrae Gardens school because she visits too often.

Lisa Cavaluzzi

Mom, Dad, Marco, Sara, MS & Family thanks for believing in me and always being there. I love you all. Nonna, ZIO. A, MF-miss you. A special thanks to all teachers. AA, EH, SC, JS-BFF (memories) Class of '08- We did it! -xox-



MLT: kill a joke with her machine gun laugh.

Cassandra Chase



Congrats Grads of '08. A special thanks to my dad, I will always be daddy's little girl & my mom, my hero for all her love & hard work & Alain for all his support. Mars loves Richlo, EF my star, LK Summer '07, SCT, EG, BA=BFF True love, happiness & memories.

MLT: ask so many questions on her wedding day that her groom will run away!

Vanessa Cheng



After five years we take our first steps out of this building as graduates. We have to remember to take one step at a time so that we don't falter on our way. Thank you to V-chan, Chibi, Sasku and all those who've helped me since the beginning.

MLT: attempt to take over the world and then split it up between her two younger minions.

Caroline Colozza



Wow, we are already graduating. Thank you to all my friends for the fun times and memories I will always cherish. Thank you Mom, Dad, Chris and all of the family for your help and support throughout these five years. Congrats and good luck Grads of '08!

MLT: remain a munchkin all her life, have her own candy shop and sing every song she knows.

Graduates: The Stars of 2008

Stephanie Courey-Aboud



True friends will leave footprints in your heart. E&S: my other half; thanks for everything. AA LC CD AE: thanks for all the amazing memories. I love you guys! Family, you've helped me every step of the way. Teachers, you have been my inspiration-EV&AG. Grads- we made it!

MLT: fall downstairs & trample over Cass, trying to get to her husband Jon Bon Jovi first! <3

Angela Cristiano



Ladies, you have kept these walls alive, and I thank you. Family, you are my strength. Chels and Kiki, my sisters and guidance, CP & GZ, my smiles, the lunch table (oh the laughs)! I love you! I'll hang my kilt, but I will never forget. Grads '08, always bring your own sunshine...

MLT: eat all the food in the world, and spaz because she is still hungry.

Bianca Cuffaro

We laughed, we cried & we finally made it. I'll always remember each and every one of you. I love you all. Five years & still going strong. You know who you are: ABC2. Mommy, Daddy, Anth, Kiki, you know me better than I know myself. Grazie per tutto, ti amo. Grads of '08 forever!



MLT: become the next VDW, getting through life one sarcastic comment at a time.

Lia D'Abate



"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure." Maryanne Williamson. Always strive for the best, and never forget the people who touched your heart along the way. Thank you for touching mine. <3

MLT: become a cardiologist, musician, find a cure for heart disease & be a mother of five.

Cassandra D'Ambrosio



Friends are like bras, close to your heart and full of support. AH, CB, SC, you've always been there. Girls, never forget the memories. Family, I couldn't have done it without you. Teachers, you made the journey worthwhile. Keep the faith: Viva Sacred!

MLT: marry Jon Bon Jovi and have twins named Sticky and Tack.

Brooke Deer



"When life offers you something far beyond any of your expectations, it is not reasonable to grieve when it comes to an end."

- Stephanie Meyer

MLT: get a ticket for illegally parking her stone canoe in the faculty parking lot at John Abbott, but avoid paying the fine by smiling.

Graduates: The Stars of 2008

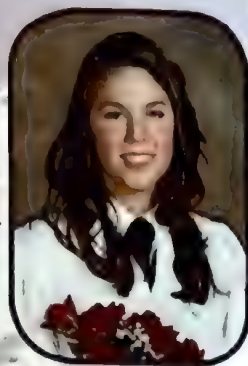
Erica Deutschman



I had this dream that we had one year left, but we don't. YAY! Congratulations to y'all for making it to the end. Liz, thanks for hardly being absent. Family, thanks for being nice and thank God, WE'RE GRADUATING! Strawberry fields forever.

MLT: to divorce her husband for wanting kids.

Kayla DiGaetano



Girls, another chapter of our life is now complete & it's time for another to begin. Thank you to EVERYONE, without you I wouldn't be the person I am today. S, A, C, JJ & Kim I love you all. Grads of '08, you made it the best five years I could ever ask for!

MLT: move to California to become a famous masseuse who invents a new self tanner product.

Sofia DiGirolamo

"When the world whispers 'Give up,' whisper back 'Never.'" To all my friends and family: thanks for the amazing memories, laughs and support. Remember that there are no chains that hold you down except the ones you impose on yourself.



MLT: get hurdles as a wedding gift.

Caitlin Dixon



"To accomplish great things, we must not only act, but also dream; not only plan, but also believe." -Anatole France. Don't ever hold back from your dreams, just go for it. Thanks to my friends for all the good times and to my family for all your support. Good luck Grads '08!

MLT: give her husband Purell before holding hands and Listerine before kissing.

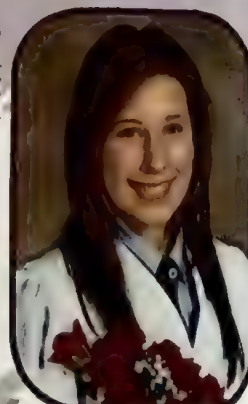
Olivia Durand



Congratulations everyone! To the memories we have shared. To the infamous: JKP, KB, SB, BD, ET, best moments of our lives. Live, love and laugh, the three Ls of life.

MLT: travel the world on a rainbow coloured pony.

Alexandra English



CONGRATSGIRLIES! We've spent 5 years together but now we must part. I wish you the best of luck and happiness. Thank you mom, dad and Serena for all the support. Teachers and friends you made this experience amazing. GRADS 08 <3 SHSM

MLT: go to the Olympics for the Care Bear ski team and break her nose walking to the podium.

Graduates: The Stars of 2008

Tuki Evoy



"To dance beneath the diamond sky with one hand waving free,
Silhouetted by the sea, circled by the circus sands,
With all memory and fate driven deep beneath the waves,
Let me forget about today until tomorrow."
-Bob Dylan

MLT: be a kitten.

Emélie Flemming-Parker



We're done! AB LL YE DRL AL SC ET AH CB you made 5 years pass in a flash. Although we had our differences, we were able to make up and were laughing together the next day. I will miss being with you all 5 out of 7 days. Good luck girls!

MLT: become the next Habs coach and teach them all how to figure skate.

Erica Francbi

Thanks mom-my rock, Dorotea-my other half & Papino-tvrb. Thanks teachers for making it happen. To the grads of '08 congrats and thanks for the unforgettable memories. Fez 4 life:) Well ladies it's time to go chase our dreams! Good luck to you all. BA&CC<3



MLT: move to another country, marry W. Valderama & name her child Fez Jr... for obvious reasons.

Sbeila Gaon Canlas



Thanks to my family and teachers who never gave up on me. To all my friends, you bring out the best in me. I love you so much. I'll never forget our years spent together. Friends for life. Congrats girls, we did it!

MLT: fall asleep on live national television.

Denise Garadjalou



I'ma buy you a drink...oh it's over? Class & prefects :) of '08, thanks for the memories <3 To my girlies-SATPETED AV AE AM KD & everyone-I love you. Mommy-my life, SV-my determination + SC. Good luck, you're the most amazing group of girls that I have ever met. <3

MLT: marry the man of her dreams, file for divorce when he says I Love You, & then run away to an island with Soulja Boy.

Cassandra Giaccari



Kilt \$75, docs \$150, memories...priceless! These past 5 years have been amazing. Sam, Aless, Kayla, I will always remember those great times we shared together-BFF! To my family, thank you for all your love and support. "I'll be there for you"- Friends

MLT: Force her kids to watch Friends.

Graduates: The Stars of 2008

Katina Goulakos



Thank you Mom & Dad for everything, Christa my rock, CG my partner in crime, I love you, Fez, YN my angel RIP. To the girls of '08, I got your back. "You may say I'm a dreamer, but I'm not the only one."

-John Lennon

MLT: move to LA, marry a Greek shipping heir and become a world famous superstar.

Chloe Griffin



WOAH! I'll remember this one. Thanks mom & dad for never driving me to school, you made it that much more fun. My bros & sisters for always giving me quiet time for homework, ha. To Fez, EricaG? To KatinaG, my partner in crime. Now let the games begin...

MLT: live at the tam-tams and think she's saving the world.

Amanda Hajaly

Congratulations girls; we made it! CD & CB & BC, too many good times, I'll never forget you. I love you all! Dayna, I couldn't have asked for a better sister, I love you. Mom & Dad, I love you both. I can't believe it's really over. I'll miss you all!



MLT: marry one of the Backstreet Boys and have Backstreet babies with curly hair.

Emma Hannouche



Class of '08, we finally made it! Dad, Mom, Careen, Matthew, Mally, thanks for the support. Nonna and Zia, thanks for being there. LC +AA= sisters 4 life (memories). E & S, thanks for all the good times, I wish you all the best. Peace.

MLT: get lost in her own house.

Jessica Hindley



This journey that has lasted 5 years has been one of joy, laughter and tears. It's a memory that will last for so many years. Thanks to my family for giving me the strength to keep going! BK-mornings, AG-you're like a sister to me, BP- thanks for always being there for me, LT '08! I can't believe we did it!

MLT: never get a job.

Keira Kilmartin



Don't cry because it's over, smile because it happened! Thanks to friends for making me who I am, teachers for challenging me, and my family for loving me. So many memories: yearbook, Italy, Sweet 16s, Math class. Grads of '08: unforgettable, thanks for the laughs and good times. I'll miss you all!

MLT: travel the world for Irish dancing, injure herself, shop to make it better, and move to Spain.

Graduates: The Stars of 2008

Alexandra Koutsogiannopoulos



The railroad has come to an end & we must depart. Memories, we will never forget & tears that will forever be wept. Thanks to my family for giving me the strength to succeed! JH-the sister I never had, GZ-friends forever! LT '08! We made it!

MLT: live a rich life being a professional klutz.

Olivia Kuzyk



"Now is the time for us to shine, the time when our dreams are in reach and possibilities, vast. This is your world. You're here. You matter. The world is waiting." To the girls who I've come to know as my sisters, you got me through: together forever.

MLT: save the planet one recycling bin at a time.

Dara Larocque

Young women, her mother's only child/Artificial love bloomed, you became silk flowers/When nothing grew from what was never alive/You made diamond teardrops fall from crocodile eyes/Did she pull you down?/Don't let it get you so far down a wise man said/Oh, you'll get broken down, but patience saves.



MLT: continue looking at the world through obscenely large sunglasses.

Frédérique LaForge



"Wherever you go, go with all your heart." -Confucius. I wish you all the best of luck in the future. To my friends, thanks for all the great memories, I love you all. Good times at sports & clubs. Ms. Potter thanks for all the help with Sheldon. Congrats Class of '08!

MLT: trip over her feet walking down the aisle at her wedding.

Alex Lee



Wow! I can't believe our high school years are over! Congrats to all Grads of '08 for making it out of Sacred alive. To all my friends, family members and teachers, thanks for everything you've done for me. I love you all. Peace out.

MLT: forget her own wedding.

Liezl Lee



Through the good, the happy, the tough and the rough, tears, smiles and laughter, we all made it. Girls: SC.AB.EP.YE.RL.ET.AL.AH. CD you all have made my high school years memorable. JP-other half, my sister. Mom, Dad, bros, thanks. I love you grads '08! <3

MLT: have a reunion with her friends and a party in room 185 in Stratford & use dental floss to turn the lights on and off.

Graduates: The Stars of 2008

Rosa Lee



I feel like I just had the most amazing dream. To my family, you always mean so much to me. Thank you to teachers for the support and care. Class of '08, huge hugs to all for making the past years unforgettable. I'm going to miss Sacred and every single one of you. I love you all!

MLT: find out when Willy will find the wood and wool for Woody!

Samantha Mastromonaco



Today you are You, that is truer than true. There is no one alive who is Youer than You. Fab 5s! KD friends since we bumped heads AR, CG, same time new place! Thanks Mom, Dad, Vanessa and Mark for all your support. To do, to do, so much more to do!

MLT: become Brad Pitt's partner in crime.

Alexandra Michailuk

Ma, Hresney, Danu & Markian, I would have never made it without you, I love you with all my heart! PRE-FECTS-you girls are amazing! Alex M & E, I see you through the window, Italy Trip, Sweet 16s, blonde moments, memories that will last forever. Good luck girlies!



MLT: move to Italy, convince the hot boys that she's really Italian & go to the 'discothéca' every night.

Chelsea Obayon



Wow girls, I can't believe it's over so soon. Mom, my life, thanks for everything. Ang & Fez, my sisters. GZ & CP I adore you. Canoe Theory. Neeff my buddy. G2 you're whhhicked. Ms. DT, I couldn't have done it without you. I LOVE YOU ALL, peace, love & butterflies!

MLT: date & dump every NHL hockey player until she finds Theodore...live in her mansion alone and watch CSI and House all day & sit on her throne.

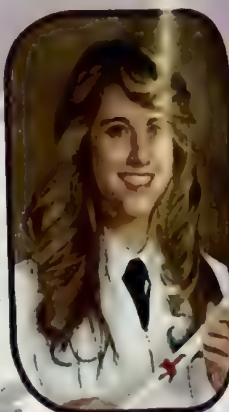
Chloe Peterson-Beaudoin



I can't believe it's over. Thank you mom, dad and everyone who has supported me. GZ-my sister, CO and AC-my laughs, KR-since the beginning, BC-hold on you're almost done, lunch table-too many laughs! Congrats Grads of '08, we made it!

MLT: graduate from One Tree Hill.

Tiffany Piergiovanni



Thank you Mommy, Daddy, Nonna & Nonno for everything. Melissa D, I love you, you are my sister for LIFE! Chelsea B, thank you for always being there for me. SA AG DG LS I'll miss you. To all the Grads of '08, my second family, we did it!

MLT: live in a pink house, with a pink car, a pink dog and a husband wearing a pink argyle sweater.

Graduates: The Stars of 2008

Jessica Popovic



Grads of '08, we made it! I wouldn't have been able to get through this without my awesome friends, OD KB SB ET BD SC. You made these years so much fun! I would have gone insane (or sane) without you! Thank you to my teachers, and my family-I love you.

MLT: be called in an emergency, but never answer her phone.

Karimab Rabman



These were the best & worst years of my life, where friendships were formed to last forever. I thank Allah for everything given to me. Big up to my peeps SDG, LD, JB, SB, CD, CR, PC, FL, MR, EJ. I couldn't have done it without you guys. Our crew was the best Windies.

MLT: marry a ghetto, religious Indian playing for the West Indies cricket team & raise 10 respectable Muslim children and live in the sickest cribs in Guyana and Trinidad.

Katbarine Reusch



So it begins, the rest of our lives. To my family-I couldn't have done it without you; thank you for believing in me. Ang & G-through the good times, rough times, every time. Chlo-since day 1. JBK-mornings. To the family I chose, "I owe it all to you..."

MLT: kill every joke. No? No? Oh, ok.

Marianne Roaldi



Time definitely went by fast. Thanks for all your support, Maman and Papa. I love you. I'll always miss Sacred and the class of '08. I'll never forget the carpooling days and all the laughs. Thanks to all my friends for the amazing memories. We made it! xox

MLT: still be working on her entrée as the dessert is served at her wedding.

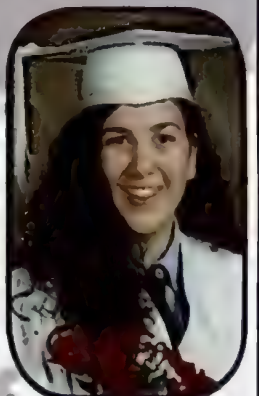
Alessandra Ruffolo



Five awesome, fun filled years together went by too fast! Thanks for all your love and support mom, dad, Mario & Angelo. Sam, Cass, Kayla, I love you guys. You made the years so special! Thank you to all teachers and staff! Congrats 5s, I love you all. WE DID IT!!

MLT: convince everyone that her hair is dark brown.

Chloe-Lynn Russo



The memories I take from Sacred will last a lifetime. Thanks to my friends, we shared great times. To my teachers, my sincere gratitude. Mom & Dad, thank you for your love & support. Chelsea, I loved sharing Sacred with you! Class of 2008, dream big!

MLT: write a bestseller that is turned into a blockbuster film where she acts with Johnny Depp.

Graduates: The Stars of 2008

Lauren Santin



To all my girls, we finally made it! Mom, Dad, Mark, I couldn't have done it without your support! TLC for life baby! CB-my other half, TP-11 years, AA-I love you to death. To all my friends, you're amazing, I love you! Grads of '08, we made it baby!

MLT: dye her hair every colour of the rainbow & go back to blonde, all the while flirting with her gay hairdresser.

Teresa Sweet



Whew! Five years packed with good and hard times and we're finally here! Thanks so much to all my friends for spicing life up and being there with me the whole way. To the Grads: follow your dreams and reach for the sky, we can do this!

MLT: take days off work to watch Michael Jackson's music videos and memorize all the steps.

Elizabeth Tomaras

Five years and we did it. Eri, my other half, my person, my best friend. Strawberry fields forever. Everyone else, you know exactly who you are, you made it all worthwhile and of course, my family. You're all brills. You know you love me.



MLT: live a glamorous life and have a closet full of Heatherette dresses.

Alessandra Traversari



No matter who we become or where we go we will always be as close as sisters. LK, BB; together forever. Mom, Dad I love you. We've all shared so many amazing memories that will never be forgotten. Grads of '08, we did it!

MLT: die of laughter. Literally.

Eva Tsousakis



The memories created in this school will stay with me for many years. I thank my teachers who have contributed to my education. To my friends, KB, SB, JP, OD, BD, SC, I will never forget the good times we have had. I love you all & I'll be waiting for the day Sam & her army of killer squirrels take over the world!

MLT: take a year off school and go to metal shows.

Alexandra Uva



Dear Grads of '08, the last five years have been a blast! Undergrads: enjoy it while it lasts. I'd like to thank my parents for giving me the opportunity to attend SHSM. I'll always remember the ladies I graduated with. You're all stars & don't you dare forget it. <3

MLT: open a chocolate factory and then go bankrupt because she ate all the chocolate.

Graduates: The Stars of 2008

Alessia Vincelli



ID IIC IIIA IVB VC. Fate decides your destiny, but you choose your friends. I'm proud to say that I chose great friends, ones that made these 5 years filled with laughter & memories. For all the support from my family, grazie! We did it class of '08!

MLT: get really hyper in 3...2...1. NOW!!!

Michelle Vokaty



Friends are like stars, you can't always see them but they're always there. AE-I'll always remember the sailing trips, scooter rides, hockey & Stratford. JB-fab times for 12 years, Robotics & long chats. LA-Good times in Math & English. Kar-cream. Grads of '08-these memories will be cherished forever.

MLT: be a sports therapist, ride to work on her scooter and win her life on Mix 96.

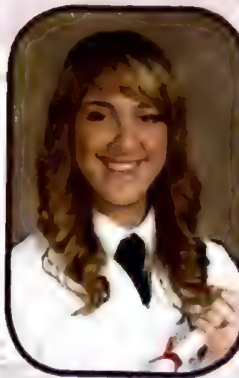
Vianna Yu



Life can be hard at times, but people make it. We have been with the same people, teachers, and in the same building for five years! Congrats Class of '08! Thanks Dad, Mom, teachers, Vanessa, Ashley, Bethany, and friends for a great year! Farewell to all!

MLT: sleep through college and cluelessly find herself in university.

Gianna Zappitelli



Our journey, which seems like it started yesterday, has now sadly come to an end. Mom & Dad thanks for everything you've done for me, CP my sister, CO & AC my loves, KR dancing queen, AG superstar! OK my pumpkin, lunch table '08! Congrats girls, we made it!

MLT: break out into a song, during her wedding, while saying her I do's to her fiancé.





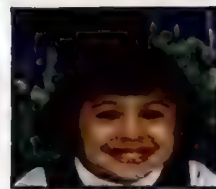
*Samantha
Mastromenace*



*Rosa
Lee*



*Alexandra
Michailuk*



*Caroline
Colonna*



*Michelle
Vokaty*



*Alexandra
English*

THE SACRED HEART



*Stacie
Angelis*



*Alessandra
Arduini*



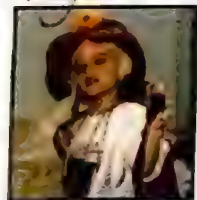
*Melissa
Ariganello*



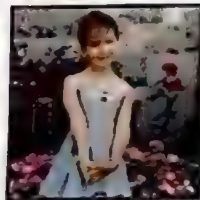
*Lia
Asquini*



2007



*Kerry Mae
Blake-Savero*



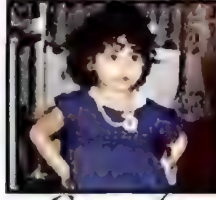
*Chelsea
Bressard*



*Laurinda
Caporuscio*



*Lisa
Cavalluzzi*



*Cassandra
Chase*



*Vanessa
Cheng*



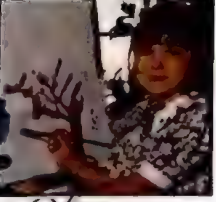
*Kayla
Di Gaetano*



*Sofia
Di Girolamo*



*Caitlin
Dixon*



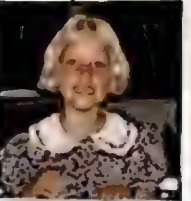
*Olivia
Durand*



*Yuki
Evou*



*Emelie
Flemming-Parker*



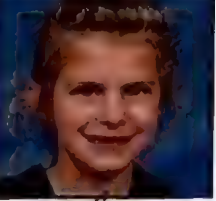
*Jessica
Hindley*



*Kira
Kilmartin*



*Alexandra
Koustogiannopoulos*



*Olivia
Kuzuk*



*Frédérique
La Farge*



*Dara
Larocque*



*Erica
Franchi*



*Katharine
Reusch*



*Marianne
Roaldi*



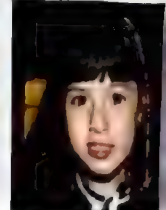
*Alessandra
Ruffolo*



*Lauren
Santin*



*Teresa
Sweet*



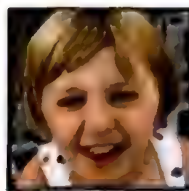
*Elizabeth
Tomaris*



Cassandra
D'Ambrosio



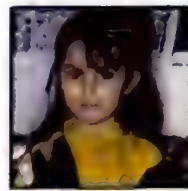
Pamela
Caccese



Bianca-Desiree
Arciero



Chloe-Lynn
Russo



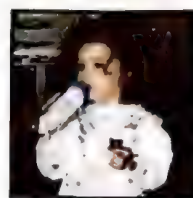
Denise
Garadjalou



Jessica
Bindra

SCHOOL OF MONTREAL

2008



Amanda
Aziz



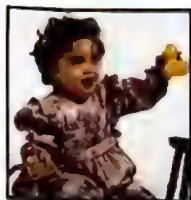
Samantha
Backman



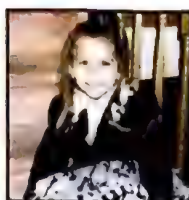
Alessia
Baldoni



Bianca
Bertova



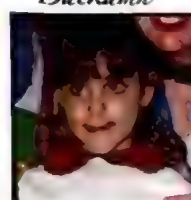
Stéphanie
Courcy-Aboud



Angela
Cristiano



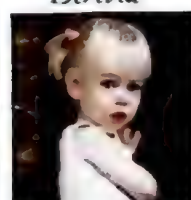
Bianca
Cuffaro



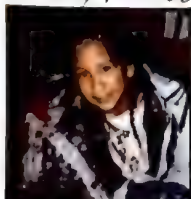
Lia
D'Abate



Brooke
Deer



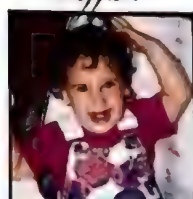
Erica
Deutschman



Sheila-Louise
Canlas



Cassandra
Giaccari



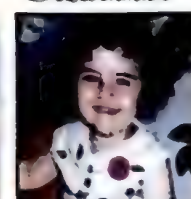
Kating
Goulakos



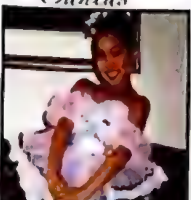
Chloe
Griffin



Amanda
Hajalo



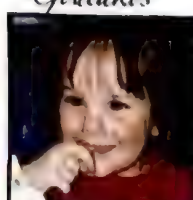
Emma
Hanneuche



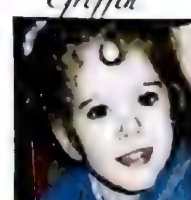
Liesl
Lee



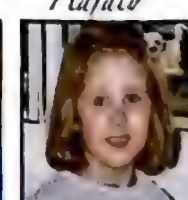
Chelsea
Ohavon



Chloe
Peterson-Beaudoin



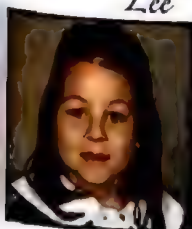
Tiffany
Vergiovanni



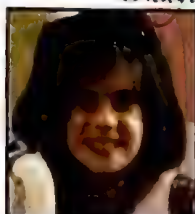
Jessica
Popovic



Karimah
Rahman



Alessandra
Traversari



Eva
Tsousakis



Alexandra
Elva



Alessia
Vincelli



Vianna
Yu



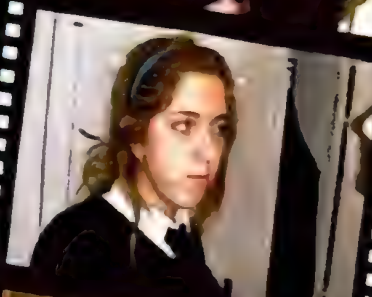
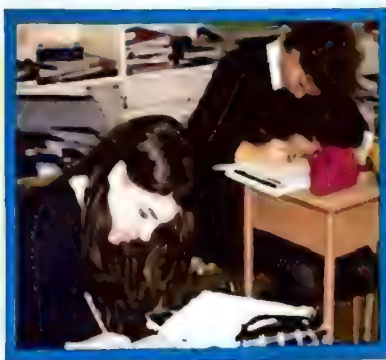
Giannam
Zappitelli



Alex
Le



Sec V Candids Bloopers





The Hair



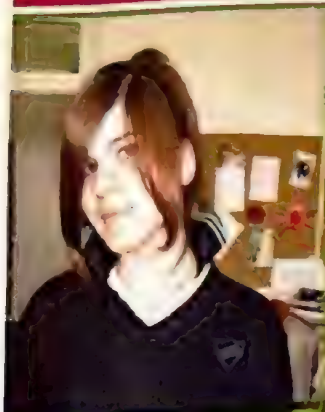
Teacher's Pet



The Slacker



The Skirt



The Rebel



The Rock Star



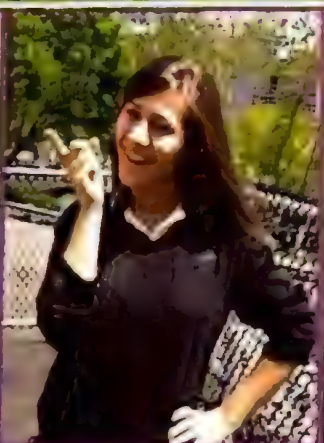
The Smile



Class Clown



Neat Freak



The Mom



The Fashionista



The Eyes

BEST OF THE STARS OF 2008!





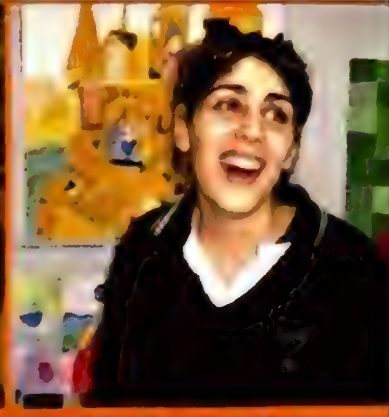
The Troublemaker



The Brain



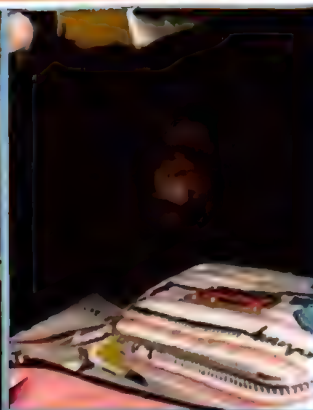
The Sport Star



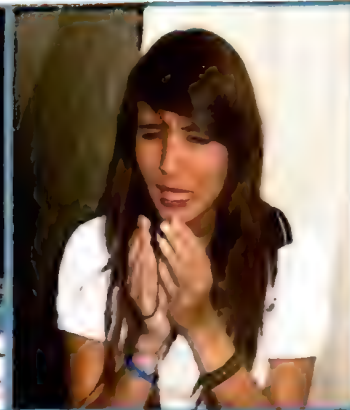
The Best Laugh



The Drama Queen



The Sleeper



The Sneeze



The Poser



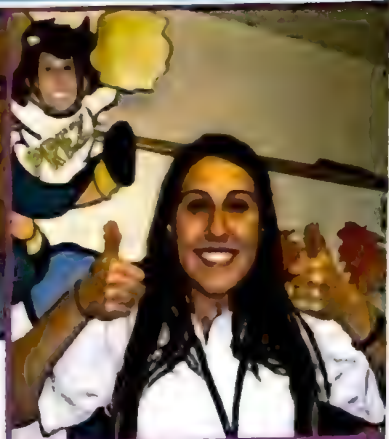
The Dancer



The Quiet One



The Artist



The School Spirit



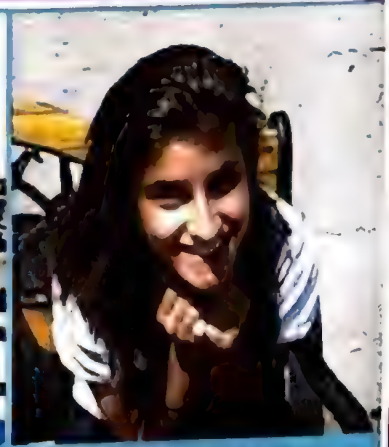
The Skater



The Singer



The Gangsta



The Hyper One



On this
Sec.V Strat-
ford trip, we got
to see the plays *The
Merchant of Venice*, *To
Kill a Mockingbird* and
*My One and
Only*.



Stratford Trip '08

We also had
the opportunity
to learn a tap dance,
"Pushing the clouds
Away!" More fun times
included paddle boats,
chocolate apples and
a guitar player.



Who
knew a place
where all road
and store names are
related to Shakespeare
could be so much fun
for the graduating
class?

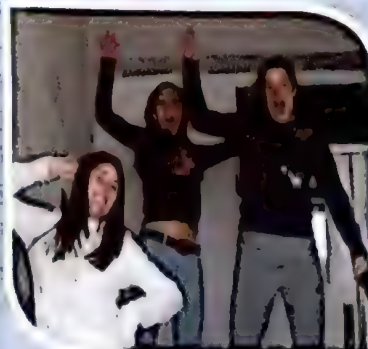
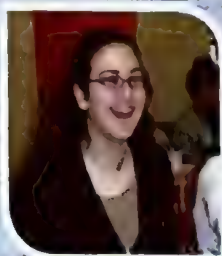


[retreat]



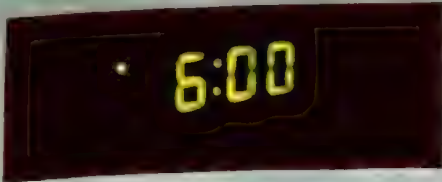
The power of ONE.

Surely all the Seniors would agree that this year's retreat was amazing! We shared many hugs, much laughter, and lots of tears. One of the best parts was a special ceremony in the evening that touched every one of us. There were so many great activities and surprises for the whole grade. They were two truly fantastic days that, with the help of our Blues Notes, the Grads of '08 will never forget!



A DAY IN THE LIFE OF A SACRED HEART STUDENT...

1- The day begins as early as 6:00 AM for many girls.



2- Getting ready is easy, only a uniform to wear. The only downside: Doc Martens.



3- Most girls take a BMW to school: the city bus, metro and a walk up the hill.



4- A Sacred Heart student enters through the Penfield doors.



5- Until the bell rings, students (especially the Secondary Vs) relax by the lockers, eating breakfast and catching up on homework.



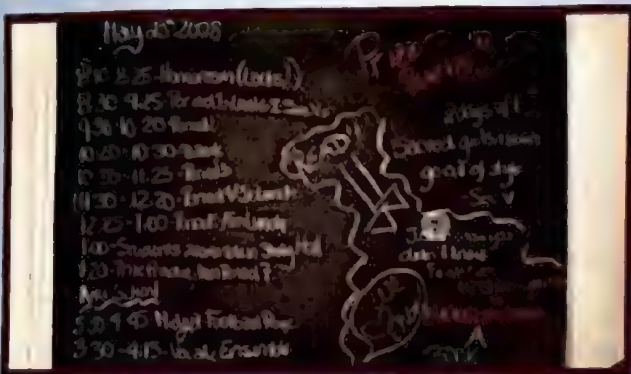
6- When the first bell rings, all the girls gather in the study hall for General Assembly with Ms. Del Torto. This year, the prefects organized Monday Morning Madness to cheer us up.



7- After the bell, we have 5 minutes and not a minute more to make it to our next class. We get quite a work out running up the stairs.



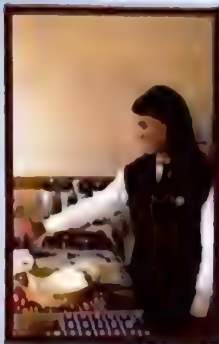
8- As we make our way to class, the Regulation board lets us know what is going on that day. The prefects do their best to decorate it and make it exciting.



9- Sacred Heart teachers are great, and even though the workload is huge, the classes are always enjoyable.



10- If it's a Monday, you better hurry to the dining hall to get in line for a cookie. As far as détonés go, this is the favourite snack.



11- When it's time for gym class, you better not forget your labelled uniform, and your running shoes!



12- After a gym class, it is very common to see girls fixing their hair in the (smelly) gym locker room.



13- Before every meal, we say grace all together and then enjoy our lunch at tables of 8.

14- After lunch, it is common to see girls in the library, art room, asking questions at the faculty lounge...you may even find the Secondary Vs having a party in the prefect room!

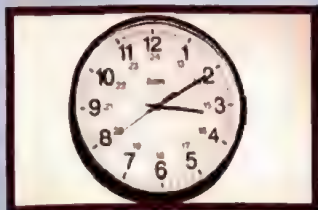


15- More classes follow after lunch, where many students work hard, while others do not...



16- The dismissal bell rings at 3:10, but for many students, the day is far from over.

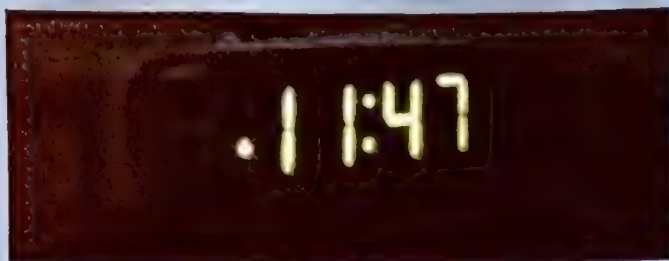
17- After school activities range from detention, to Art Club, to sports teams, to visiting Ms. MacNamara on the 5th floor



18- Before leaving, every student's books are transferred to a school bag for the heavier commute home.



19- By the time the Sacred Heart girl has done her after-school activities, finished her homework, checked her Facebook and updated her iPod, it tends to be very late.



As demanding as the life of a Sacred Heart student is, it is worth it to attend such a great school with such caring teachers and the best bunch of girls you could ever find. We are taught so much more than English, Math and History, we have learned how to be better people.

VALEDICTORY ADDRESS: TERESA SWEET



Prizes:

-Governor General's Medal & Parents' Guild Award for the Student with the highest Average

-Estelle Fitzgibbon Memorial Prize for highest composite average in Science

What's really special about the class of 2008 is that everyone eventually let their guard down and we grew extremely close to each other. Parting from you girls is going to be hard, but as long as we remember what we stand for, we cannot help but shine.

It is only natural that at times, we found all the rules and rules tough, but this is like everything else that makes us into better people. We don't always enjoy the process but we are always better off in the end. So whether it was trying to catch the train against all odds - carrying a heavy schoolbag and wearing Docs - or whether it was staying up all night working on our multigenre project, it was all worth it. Through all of this stress and hardship, we have learned discipline, and this will help us in the future.

To the teachers: you are the people who made us believe in ourselves. You showed faith in us even when we were on the brink of giving up. When we were discouraged because we weren't playing well on the field, you encouraged us. When we felt we could not accomplish our goals, you consoled us and motivated us to keep trying. You made us understand that anything is possible, as long as we believe in ourselves and reach for the stars. Without you, we would not have come so far in the last five years.

To the parents of the graduates of 2008: thank you for all of your love, support and understanding. Each and every one of us sitting here today could not have made it without you walking by our side the whole way. We could always rely on you being there when we needed you, whether to lend a listening ear or a comforting embrace. You were always watchful and vigilant of our well-being and we would not have grown into such confident young women had it not been for your loving advice. Thank you for your unconditional love.

To the graduates of 2008: thank you for being who you are. Even though some of you may not be happy with how you look in your grad photos, you are each beautiful and special in your own way. You are one very special group, always ready to provide a hug or a smile in a time of need. There is no support system one can have that is as consistent and as warm as the one we have right here. Now, I would like to share with you a poem that will keep you going when life challenges you:

Within our reach/ Lies every path/ We ever dream of taking/ Within our power/ Lies every step/ We ever dream of making/ Within our sight/ Lies every joy/ We ever dream of seeing/ Within ourselves/ Lies everything we ever dream of being -Amanda Bradley

We have been very lucky to have had each other but now it is time to walk out of those Penfield doors for the last time, proud of who we have become and ready to take on anything that comes our way. So spread your wings and fly, and remember, "Sacred girls never go out of style."

Sacred Heart has become such an integral part of each and every one of us that it is practically impossible to imagine living without it. "It really over already?" This thought has run through our minds numerous times these past few weeks. It is so hard to believe that this episode of our lives is actually coming to an end. Just think of it, in a matter of months, we will walk into our graduation ceremony and... (drum roll please)...there will be boys sitting in the front row. They may even be Loyola boys! The dream of every Sacred Heart girl will have come true.

Afternoon Mrs. Brooks, Mrs. Filipovich, Mr. Kousik, Mr. Torto, faculty, Religious, honorable guests and fellow graduates. We, the graduates of 2008, are entering a new stage of our lives that is devoid of FIGAs, Décentes and ABUSTADDs. However, this does not mean that it is the end of everything connected to Sacred Heart. In fact, Sacred Heart has equipped us with impeccable manners, extensive knowledge, friends and fond memories that will accompany us wherever we go. We will never forget the fun we had "kicking the boys away" or all the laughs and tears shared at our last assembly. Justin, the cutest singer and guitarist ever, as well as our "games" in Italy are also engraved in our memories forever.

The uniqueness of Sacred Heart is something else we will never forget and miss. I mean, where else would we be comfortable enough to moisturize our hands with strawberry-scented cream? Where else would the teachers agree to put reputations on the line by playing a game of Ultimate Frisbee against the Sec. Vs? (I'm still convinced that we were the winners and that the game was so cleverly fixed that it was like the opposing team won by a long shot.)

One reason why we were comfortable enough to sing High School Musical Songs at the top of our lungs in the hallways is because we have become a tightly-knit family and Sacred Heart has become our second home. Each one of us entered this school as a puzzle piece, not quite knowing where and if we would fit. Throughout these five years, through good and hard times, tears and laughter, successes and failures, we have come to understand that we are all part of the same puzzle and we have found our place, snug among a group of friends. Each one of us sitting here has contributed a special part of yourself and what makes our puzzle such a masterpiece. Some people brought their wit and charm while others shared their fun, spirit and craziness. Who could forget the Spice Girls' performance last February? And we will never forget the all-night walk in the cold to our hotel in Stratford, keeping us high with our medley of songs.

And the Award goes to...



Alexandra Avez
Heather MacDougall Memorial Prize for Fine Arts



Irina Deutchman
Judith Rossi Memorial Prize for Drama



Pamela Gaurier
Sacred Heart BLC Prize for English



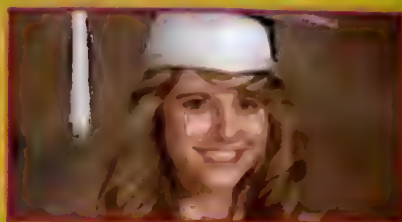
Alyssa Baldoni
Bruce Hicks Public Service Award

5 Years on Honour Roll

Jessica Binda
Caroline Colozza
Lia D'Abate
Cassandra D'Ambrosio
Keira Kilmartin
Frederique Laforge
Samantha Mastroi Monaco
Marianne Roaldi

5 Years on Distinction

Teresa Sweet
Lia Asquini



Tiffany Piergiovanni
Provincial Council Award for demonstrating compassion and caring through social action



Alexandra Uva
Student Council Prize



Lia Asquini
Sacred Heart BLC Prize for English
McGill Science Award
Sister McNamara Memorial Prize for Mathematics



Cassandra D'Ambrosio
City House Foundation Bilingual Proficiency Prize



Michelle Vokaty
Auriol Wilkins Reper Memorial Prize for contribution to Sports



Chloe Riso
Sacred Heart Music Award
Parents Guild Prize for Social Science
Sacred Heart BLC Award for English



Cassandra Giaccari
Sacred Heart School of Montreal Art Prize



Keira Kilmartin
Headmistress' Memory Book Award
Patty Forbes Memorial Prize for Health Sciences



Alessandra Traversari
Frances Smith Memorial Prize for significant contribution to the life of the school



Lia D'Abate
The Debating Prize
Sacred Heart BLC Award for English
Soeur Annette Archambault Prize for French Second Language

Stephanie Courey-Aboud



CONGRATULATIONS

Stephanie, we are so proud of you and all that you have accomplished. We are really happy for you and know that you'll be truly missed at Sacred Heart. Love always, Mom & Dad

Bianca Cuffaro

To my daughter Bianca, you have successfully reached the end of your year. You are graduating and that makes me the proud father. I know you will continue to make me proud of you because that's who you are and what you are made of, and that's all the special things that only parents know.

Congratulations, we love you.
Arielle, Pascal and your Dad Vince

STACI ANGELIS



CONGRATULATIONS

Staci, we are so very proud of all your accomplishments. You always put a smile on our faces. Remember, there is nothing you can't do. "The future belongs to those who believe in the beauty of their dreams."

We love you, Mommy, Daddy, Nicholas and Diana.

Alessandra Arduini



As you finish one chapter of your life at Sacred Heart and embark on another, we want to let you know that we are proud of you. You have matured into a wonderful young woman.

Best of luck in your future endeavors.
Love, Mom, Dad & Isabella

Cassandra D'Ambrosio



Through your hard work and dedication you have exceeded our expectations. You are truly our shining star of whom we are very proud.

Love Mom, Dad, and Catherine

After the AMASC pin ceremony, all the Sec. Vs anxiously waited on the 4th floor with Mr. Kousik, excited to find out what exactly was awaiting us at our

SEC V ENTERTAINMENT



We arrived as quickly as possible to find lots of delicious treats on our tables, as well as personalized gifts and a CD.



Teachers came to sit with us to and eat some of the desserts, while we heard a speech by Michelle Zakem.

We then enjoyed a song prepared and sung by Mr. Griffin and Ms Walsh, based on 'Green Eyes' by Coldplay. It brought tears to many of our eyes, as we realized that never again would we have such special teachers.



The Sec. IVs had also prepared their own songs for us, which made us feel very loved and sad to be leaving.

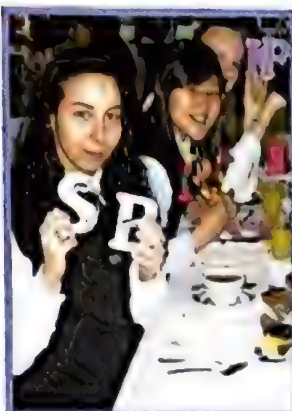


To finish off the entertainment, we watched a slideshow filled with memories from our five years at Sacred Heart.

Last but not least, all the Sec. Vs went up to the stage to sing our graduation song together for all the teachers to hear.



A very big thank you to Ms Del Torto, Ms Arseneault and all the Sec. IVs for preparing such a wonderful evening!



Forever We Will Be

*It is finally time to walk our separate
ways*

*We will always remember our high
school days*

*Whether we spent them laughing or
crying*

*They will always remain in our hearts
everlasting*

*As we spend our last moments
together*

*The friendships we have made will
last forever*

*The day is almost here
To leave these halls with lots of
tears*


*Weird how time passes by so fast
All of a sudden the present becomes
the past*

*As we continue on the road to success
We wish you all love and happiness*

*Let's make this year great
Because forever we will be the
graduating class of 2008*

*-Amanda Hajaly & Kayla
DiGaetano*





Sisters At The Heart

*It was not long ago
when we first walked through those Penfield
doors.*

*We were younger, nervous, and excited.
As months passed, we became good
friends.*

*We've had our fights and our downs
But we've also shared many good times
together.*

*We never failed to help each other
When it came to Wordly Wise sentences,
citizenship tests, religion assignments,
math homework.*

*Or even when it came to boyfriend problems.
We share many memories that I hope to
never forget.*

*And now as our final year is coming to
an end.*

*I want to thank you girls
For being the reason I smile every day
For being the reason I love coming to
school*

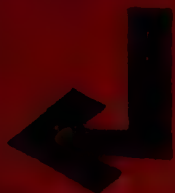
*For always being there for me
For being silly and immature
For being patient*

*For loving me for who I am.
And most importantly, I'd like to thank
you*

For being my sisters.

- Sheila Canlas

Open here



SACRED

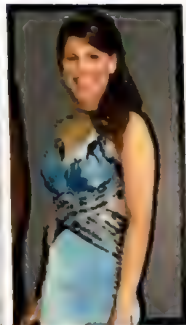
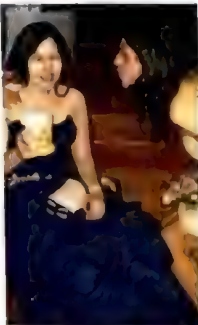
After a long day of beautifying ourselves, the graduates of 2008 received a night of movie star treatment. The glamour began when our limos picked us up, and we attended cocktail parties with our friends, dates and family.



HEART

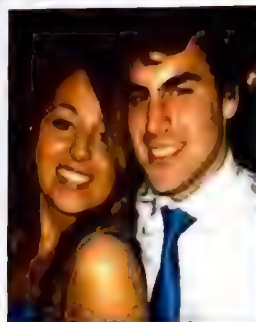
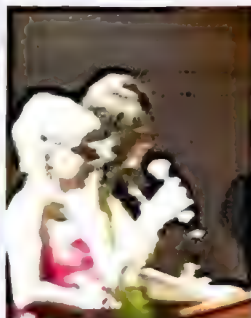


Later on, 10 white Navigators, a few black stretch limos and a Rolls Royce pulled up on Atwater to let out the stars as they entered the school on a red carpet. Here we greeted our teachers, squealed at the sight of one another and took pictures of all the Graduates.



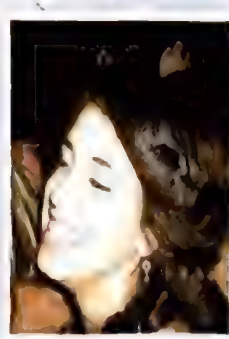
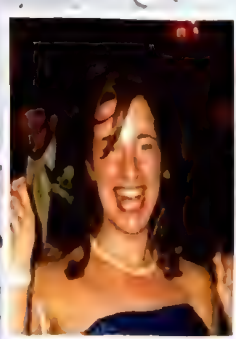
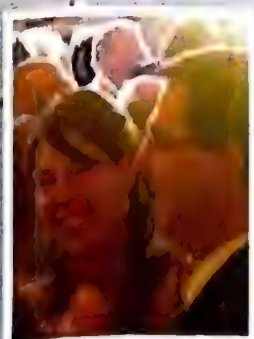
PROM NIG

Stepping out of our limos and up the steps to the Windsor Hotel was when then everyone but the Graduates were ushered into the ballroom. We were included Nars and Chanel gift bags. We reminisced, ate our delicious meal and some were brave enough to show us their moves on the dance floor. The Kisses" and the singing of the Graduation song by all the grads in a big else we had planned. All in all, the night was one to be remembered and was



HT 2008

the magic of the evening started. Pink cocktails were served in the hall and called in one by one to an applauding audience. More movie star treatment, and danced the night away. The teachers even made a special appearance, night sadly came to an end with the father-daughter dance to "Butterfly ciróle. We were then whisked away by our limos into the night, to whatever a great way to celebrate our high school graduation with our friends.





The final and bitterweet chapter of our lives at Sacred Heart came to an end with the 147th Graduation Ceremony, on June 1, 2008. It began when all the Graduates gathered in the Study Hall to recite a special prayer with Ms. Del Torto who then gave us each a rose. Our guest speaker, Tasha Kheriddin, the Director of the Québec et la Francophonie Fraser Institute delivered a Graduation Address reminding us that there is much hope for the future. The Graduates proudly recieved their certificates, and there was a recognition of the recipients of Academic Prizes and Special Awards. Teresa Sweet then delivered her moving valedictory address.



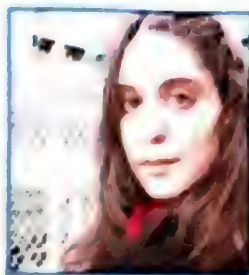
Alexandra English



We are so proud of you and everything you have accomplished during your high school years in academics, sports and overall school involvement. Congratulations to our amazing Aya! We wish you much happiness and success in the next chapter of your life.

Love, Mom, Dad, Serena and Laker

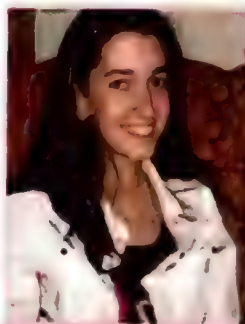
Lia D' Abate



Over the years you have blossomed into a delightful young lady. You have worked hard and accomplished much. We are proud of you and will always be there for you as you pursue your dreams.

Love Mom, Dad and Michael

Frédérique La Forge



We are proud of you and all that you have accomplished.
Bonne Chance
l'an prochain.

Love Mom, Dad,
Charles and Oliver

Congratulations Bianca Cuffaro



We always knew you could do it! But to do it with such poise, grace, unwavering determination and discipline, you are a true inspiration to everyone who meets you, especially to your family. We thank God every day for experiencing the joy of having you in our lives. Mere words cannot express how proud we are of you. Continue down the path on which you have started and the world will be your oyster, baby! Good luck and God bless.

Your loving family, Mom, Dad, Anthony and Kiarra

Emélie Flemming-Parker



Emélie, five years have passed so fast it hardly seems possible that you are graduating from high school this year! We are so proud of you and all you have accomplished not only at Sacred Heart, but in all aspects of your life. You are a great person and we know you will do well in whatever you set your mind to attain. Remember to follow your heart and be true to yourself.

Much love Mom, Dad, Andrew, Cinder, Stellar, and Cali

To the 147th Graduating Class

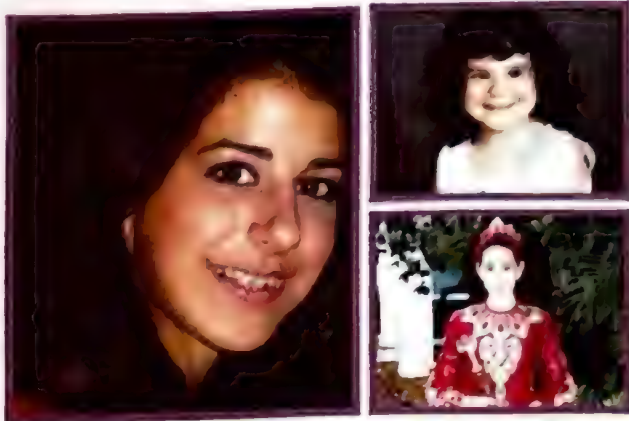
As you leave here, you now enter a new phase of your life with Sacred Heart--as our most recent alumnae.

The Alumnae Association
of The Sacred Heart School of Montreal
offers you our heartfelt support
and best wishes for success
in all your future endeavours.

Congratulations!



Keira Kilmartin



We are very proud of you and how you have become a confident young lady. You have accomplished so much, not only in your studies, but also in all aspects of your life. You are a wonderful daughter, sister, and friend and we wish you the best of luck for the future.

Love, Mom, Dad, Caitlin and Meaghan

Tiffany Piergiovanni



To our Tiffany who never ceases to amaze us. The energy you have put in everything you have done at Sacred Heart and everything else, surpasses our expectations. You have become a responsible young woman.

We love you very much.
Love Mom, Dad, Silky, Lucky, and Baileys

Elizabeth Tomaras



"Be who you are and say what you feel, because those who mind don't matter, and those who matter won't mind." You have grown into a confident, independent, mature and lovely young woman and we are blessed and proud to call you our daughter. Our best wishes in your future studies. We will forever be by your side.

Love, Mom, Dad & John

Bianca Cuffaro



Congratulations on your graduation. To say that we are proud of you would be an understatement. We are proud of your determination... We are proud of your success... We are proud of you being accepted to Marianopolis... We are proud of you as a person... And we are so very proud to be your grandparents.
Love and God bless you,
Nana and PopPop.

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Graduates~
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ber that Sacred
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Congratulations
Class of 2008!

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Good luck Graduates~

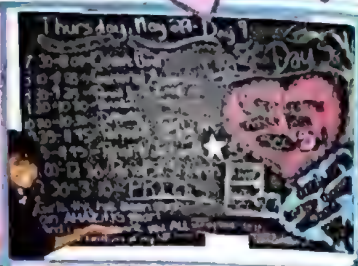
As the precious few days we had left at Sacred Heart came to an end, the graduates of 2008 did our best to try to enjoy the

lasts*



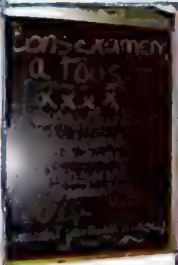
◀ Last General Assembly & Prefect Birthday Songs

Last Goodbye Blessing



▲ Last Regulation Board, by Caroline Colozza

◀ Last Alice the Camel



◀ Last Lunch

▶ Last Détente



▶ Last Mass

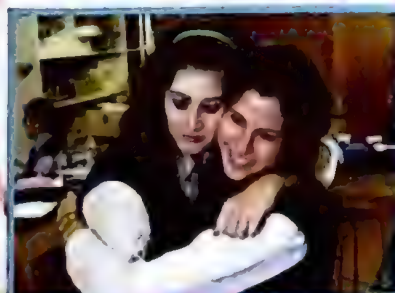


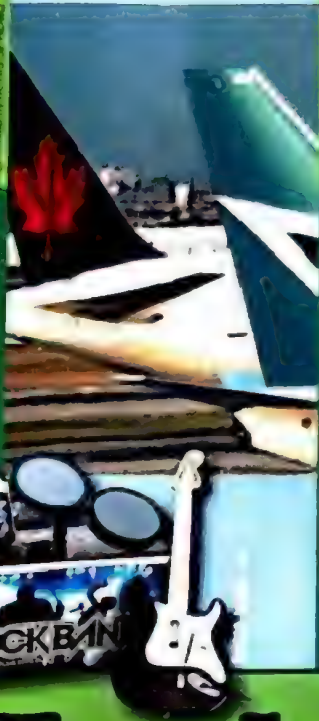
◀ Last Homeroom

▶ Last Classes



▶ Last Hugs... Goodbye!





07

08

World Beat®



Front Page Headlines

► 78 Canadian soldiers across the country from British Columbia to Newfoundland have lost their lives in the line of duty since the war in Afghanistan began in 2002

▼ The Canadian loonie is chosen as the top news story of the year. The Canadian dollar soared to \$1.10 US and took on the world's superpower currencies resulting in the highest peak in decades.



◀ Seven members of the Bathurst High Phantoms basketball team along with their coach's wife, a teacher at another school, were killed when their van collided with a transport truck while returning from a game in Moncton, NB on January 16, 2008



CP Press/Andrew Vaughan



CP Press/Jonathan Hayward, Kevin E...

▼ The death of Polish immigrant Robert Dziekanski via Tasar stun gun by an RCMP officer at Vancouver Airport sparks inquiries governing the use of Tasers and prompts immediate changes to operations at Vancouver International Airport



CP Press/St. Ger...



▲ A family member holds a poster of women missing in B.C. at the trial of Robert 'Willie' Pickton, 58, a pig farmer accused of being Canada's worst serial killer. Pickton was found guilty of second-degree murder in the first six of the 26 charges he faces

► The Conservative Government launches a public inquiry after learning that German-Canadian arms dealer Karlheinz Schreiber had allegedly agreed to a lobbying deal with Brian Mulroney in 1993, before Mulroney left the Prime Minister's office



Mulroney

Schreiber



▲ The Nobel Peace Prize is awarded to former Vice President Al Gore and the Intergovernmental Panel on Climate Change, represented by Dr. Rajendra Pachauri, for their efforts to call attention to global warming

▼ The Koshchik Diamond, a priceless jewel encrusted brooch made for Queen Elizabeth of Austria in the 19th century and stolen from a castle in Vienna during a robbery in 1908, was recovered from a private home by Winnipeg Police. The plot of the story has caught the attention of one of the world's most famous women, Oprah Winfrey.



CP Photo/Winnipeg Free Press/Chris Gaudet



▲ A patio table remains untouched by flames after a hot air balloon burst into flames and crashed in a trailer park in Surrey, B.C. on August 25th. Two people were killed and eleven were injured.

▼ An Air Canada jet makes an emergency landing in Calgary after one person on board was injured when the plane hit turbulence on a flight from Victoria to Toronto. In September, a Westjet plane encountered turbulence on a flight from Calgary to Halifax that also injured 9 passengers.



▲ Canadian consumers recall their conference in China's manufacturing when children's toys laced with lead trigger widespread recalls.



◀ The Nintendo "Wi-nomicon" sweeps North America as the game console outplays the competition with sales of more than 13 million units. In Canada, \$1.5 billion in video game sales and over 550,000 game systems were sold during the 2007 Christmas season.



▲ Writers hit the picket lines and television production is halted for months when the Writers Guild of America goes on strike to protest compensation policies for new media such as iTunes downloads.

▶ Two RCMP Constables, Douglas Scott of Kimmirut, Nunavut and Chns Worden of Hay River, N.W.T., lost their lives in separate incidents in the line of duty this past year.



▲ On August 1, a six-lane I-35W bridge stretching across the Mississippi River in Minneapolis collapses into the river during the height of the afternoon rush hour.

Global

The New Seven Wonders of the World

► People around the world cast more than 100 million online votes to determine the New Seven Wonders of the World. The winning wonders are announced at a gala in Lisbon.

▼ More than 150 of the world's leading music acts perform in concerts staged around the world for Live Earth, a star-studded event to draw attention to the global climate crisis.



◀ The One Laptop Per Child Foundation launches a limited-time "Give One, Get One" program to spur donations of XO \$100 laptops to children in developing nations.



▼ Labour Party leader Gordon Brown succeeds Tony Blair as the new Prime Minister of the United Kingdom of Great Britain.



LEE BROWN/AP/Geddy Images

REUTERS/AGF/Terra Sentinel/Lensky



▲ The melting of the Arctic Sea ice spurs an international network of climate scientists to conclude that global warming is indisputable, and that human activity has been causing temperatures to rise since 1950.

▼ In December, Pakistani opposition leader Benazir Bhutto is assassinated following a political rally in Rawalpindi, Pakistan.



REUTERS/AGF/Terra Sentinel/Lensky

JEWEL SAMAD/AP/Geddy Images



▲ Tropical cyclone Sidr is the deadliest storm to hit Bangladesh in a decade. It destroys thousands of homes, ruins crops and forces more than a million villagers to evacuate.

Sci-Tech

▼ Saskatoon-born Dave Williams completes a historic launch into space aboard the Endeavour. Williams spent a Canadian record-breaking 18 hours outside in space, breaking the previous record held by CSA colleague Chris Hadfield, who spent 14 hours outside the shuttle in 2001. Williams is the last Canadian astronaut officially scheduled to fly before NASA winds down the shuttle program by 2010.



AP Photo/Terry Renna



▲ Doctors Brian Lupton and Liz Whynter discuss the birth of sextuplets born at B.C. Women's Hospital in January, 2007. The four boys and two girls were delivered after just 25 weeks with each weighing approximately 1.8 pounds.



◀ The digital smiley face celebrates its 25th birthday. Its inventor, Carnegie Mellon professor Scott E. Fishman, first used the icon on an electronic bulletin board in 1982.

Getty Images/Corbis/Bettmann



◀ Using mice, biologists develop a method to reprogram ordinary skin cells into all-purpose stem cells. This discovery is likely to have a positive impact on treatments for a number of diseases.

◀ Crops are threatened when honeybee colonies in the U.S. and Europe suffer from Colony Collapse Disorder. In Canada, honeybees play a major role in pollinating many fruits, vegetables and crops. A study by Agriculture and Agri-Food Canada estimated the value of the bees to pollination has climbed to more than \$1 billion. Alberta, Saskatchewan and Manitoba produce 80% of Canada's 154 million kilos of honey annually.

Getty Images/Science Faction

▶ In a medical experiment, salmonella germs take a ride on the space shuttle. When they return to Earth, the germs are far more lethal than their earthbound counterparts.



◀ An excavation site in Argentina yields the fossilized remains of a previously unknown species of dinosaur, the Futalognkosaurus dukei, measuring more than 105 feet.



REUTERS/Associated Press in Canada/HO/Arndt

Lifestyle

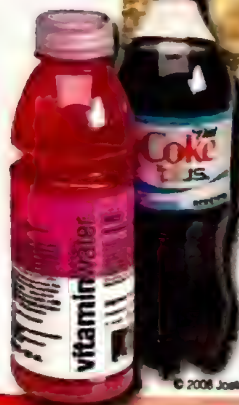
► Social networking websites continue to surge in popularity. MySpace and Facebook remain dominant as the sites of choice for young people and inspire a host of innovative imitators.

▼ Concerns about overweight dogs and cats hit the headlines. Veterinarians prescribe a regimen of fewer treats, more walks around the neighbourhood and no people food.



Like Thomas Excess: Newsphoto: Getty Images

◀ The healthy growth trend for vitamin waters and other nutrient-boosted consumables continues with the introduction of specialized formulas for immunity, focus and more.



© 2008 Joostens Inc.

Photo: Bloomberg via Chris Jackson/Getty Images



▼ User-generated content grows more popular as network television shows mainstream musical acts and wannabe media stars join amateur home moviemakers on YouTube. One of the most-watched videos of 2007 features a feline pianist!

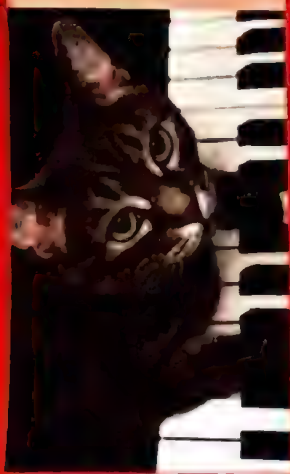


Photo: The Associated Press



▲ Higher prices for coffee beans do not lessen the nation's craving for coffeehouses. Independents and chains alike continue to be popular with younger consumers.

▼ Concerns over the environment and increasing energy costs create a growing consumer demand for energy-saving, long-lasting compact fluorescent light bulbs.



© Thom Lang/Corbis

▼ The Apple iPhone, with its revolutionary touch screen, packs mobile phone, camera, iPod, Web browser, email and IM capabilities into a sleek, portable package.



PA Photos/Landay

Trends

▼ Cute and comfy baby doll jumper tops and dresses with button straps start as a summer trend and morph into fall fashion layered over close-fitting sweaters and matching tights.



▶ The A-line silhouette comes to outerwear as swingy trapeze coats become one of the year's most surprising fashion must-haves.



◀ Under Armour athletic apparel is a popular fashion choice for athletes both on and off the field.

▶ Fashion takes a look back to the 1980s with the return of leg warmers, worn as an accessory with short skirts or skinny jeans and fashionable ballet flats or moccasins.



◀ Quilted Vera Bradley handbags and totes sweep college campuses and high school hallways from coast to coast.



▶ The ubiquitous, slouchy suede Ugg boot is reinvented with cozy knitted uppers that keep toes toasty and add a soft, tweedy, textured look to fall and winter ensembles.



REUTERS/Eric Thayer/Landow

◀ Guys sport patterned hoodies that are worn alone or layered under jackets and blazers for an edgy, urban look.



▶ Stephen Marbury inspires a host of celebrities, including Sarah Jessica Parker and Venus Williams, to battle the high-priced fashion industry by creating their own affordable apparel.

◀ The craze for oversized leather bags—in metallic shades of copper, silver and gold—inspires a trend for matching footwear in daytime and nighttime looks.



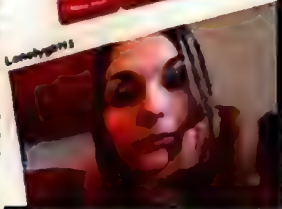
Entertainment

▼ The music video game *Guitar Hero III: Legends of Rock* is released with a soundtrack of 71 playable songs. Slash and other real-life guitarists appear as in-game characters.

▼ The music video game *Rock Band* is released for Xbox 360 and PlayStation 3. Players perform together in virtual bands, using peripherals to hit notes as they scroll onscreen.



▼ Even after *lonelygirl15* is revealed as a fictitious character, her popular storyline continues for a full season as an Internet dramedy series on YouTube and MySpace.



Adam Berry/ABC/ABC News/Landov

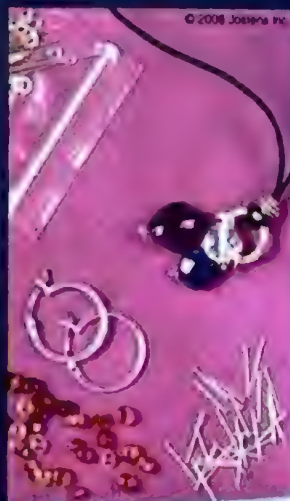
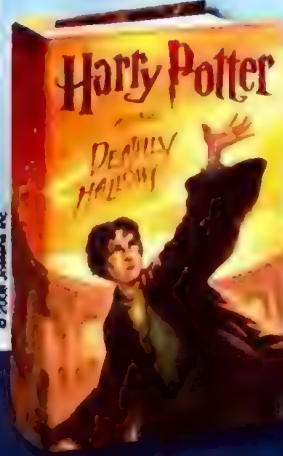


▼ After a two-year format war, Toshiba pulls its HD DVD product out of contention, leaving Sony Blu-ray as the sole next-generation successor to DVD.



▲ Large-scale multiplayer online gaming gives rise to virtual worlds where players interact via avatars and the computer-generated environment is similar to the real world.

▼ *Harry Potter and the Deathly Hallows*, the seventh and final book in the enormously popular series, is released. The bookstore chain Indigo reported it sold three books per second upon its release. Amazon reported that residents of Banff, Alberta ordered more copies than any other town in Canada.



▲ Beading makes a comeback as a way to relax and creatively spend time with friends.

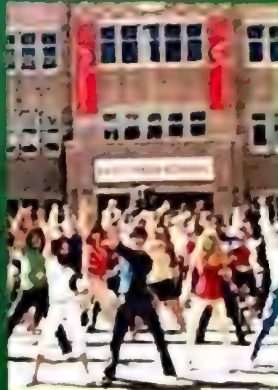
Television

▼ The second season of NBC's *Heroes* continues the adventures of ordinary people with extraordinary powers and reveals more about the shadowy dealings of "The Company."



Michael Hwang/NBC/Courtesy Everett Collection

▲ Disney Channel's *High School Musical* 2



▲ *High School Musical 2* drew over one million Canadian viewers when aired on the Family Channel. Over 17 million viewers in the U.S. watched the movie's premiere when it premiered on the Disney Channel making it the highest-rated cable broadcast in U.S. history.

▼ In the 36th season of CBS's *The Price Is Right*, host Bob Barker retires and comedian Drew Carey takes over the helm at the world's second-longest-running game show.

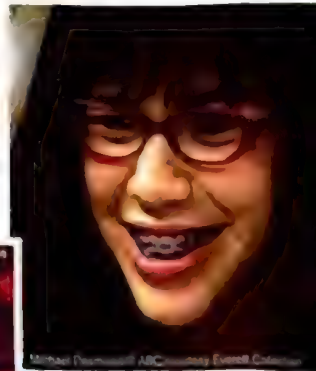


▲ The NBC drama series *Friday Night Lights*, about a fictional high school football team, is taped documentary-style, without rehearsals, to give it a more authentic feeling.



◀ On The CW, Blake Lively portrays socialite teen Serena van der Woodsen in *Gossip Girl*, a drama series that follows the lives of prep school students from New York's Upper East Side.

▶ America Ferrera, who plays Betty Suarez on the popular ABC comedy-drama *Ugly Betty*, is the first Latina to win the Emmy for Outstanding Lead Actress in a Comedy Series.



Michael Pasmunier/ABC/Courtesy Everett Collection

▼ All-rocker Brian Melo from Hamilton, ON wins the Canadian Idol competition in Toronto. Melo edged out Alberta teen Jaydee Buxby for the top spot in a finale that featured performances by Avril Lavigne and Bon Jovi.

CP Photo: Adrian Wyld



◀ ABC's *Dancing with the Stars* rules the ratings thanks to popular celebrity participants such as Sabrina Bryan of The Cheetah Girls.

Favourite TV Shows:

Movies

▼ Shia LaBeouf portrays a teenager who is plunged into a high-tech battle between good and evil alien robots in *Transformers*, a live action adaptation of the 1980s cartoon series.



▲ *Atonement* receives seven Golden Globe nominations, including lead acting nods for Keira Knightley and James McAvoy.

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THE SIMPSONS

M VIE



July 27

► Disney's *National Treasure: Book of Secrets* nets the third-highest box-office total ever for a Christmas weekend release



© Walt Disney Pictures/Courtesy: Everett Collection

▲ *Disturbia*: a surprise hit thriller about a bored teenager under house arrest who thinks his next-door neighbour may be a notorious serial killer; spends three weeks at the top of the box office

▼ Halifax-born Ellen Page, 21, the star of *JUNO* along with the film's Canadian director, Jason Reitman, celebrate the film's 4 Oscar nominations. The movie was shot in British Columbia and won the Oscar for Best Original Screenplay



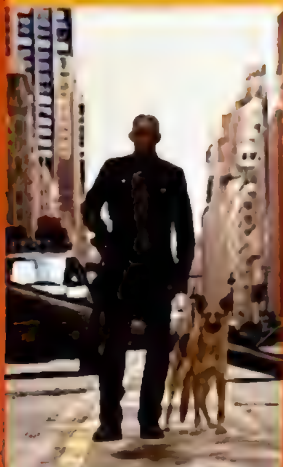
© Miramax Films/Photofest

▲ Joel and Ethan Coen write and direct *No Country for Old Men*, a film adaptation of Cormac McCarthy's bleak, moody modern western novel. The film receives eight Oscar nominations.

KPA Archival Collection/Courtesy: Photo Communications

Everett Collection

▼ In *I Am Legend*, Will Smith is the last man alive in New York after a man-made virus wipes out most of the world's population and turns the survivors into dangerous mutants.



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▲ Matt Damon reprises his role as amnesiac CIA assassin Jason Bourne for *The Bourne Ultimatum*, the third film in the Bourne trilogy based on Robert Ludlum's novels.

▼ Starring Zac Efron, Amanda Bynes, and newcomer Ryan Reynolds, *Hairspray* is a funny musical based on the Broadway smash hit.



Oscar Winners

Best Film:
No Country for Old Men

Best Actor:
Daniel Day-Lewis
There Will Be Blood

Best Actress:
Marion Cotillard
La Vie en Rose

Best Supporting Actor:
Javier Bardem
No Country for Old Men

Best Supporting Actress:
Tilda Swinton
Michael Clayton



INDIANA JONES and the KINGDOM OF THE CRYSTAL SKULL

◀ After a 19-year hiatus, Harrison Ford returns as Steven Spielberg's adventurous archaeologist in *Indiana Jones and the Kingdom of the Crystal Skull*.



▲ Tim Burton directs and Johnny Depp stars as the title character in *Sweeney Todd: The Demon Barber of Fleet Street*, an adaptation of the hit Broadway musical.



▲ Using a combination of live action and animation, *Enchanted* tells the story of Giselle, a fairy-tale character seeking a "happily ever after" ending in modern-day Manhattan.

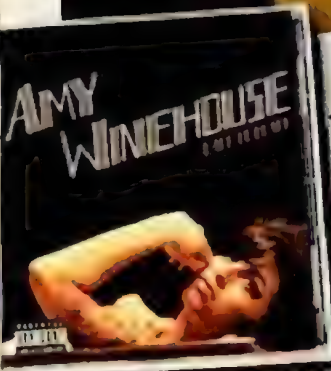
Music

▼ Fall Out Boy headlines the Honda Civic tour, performs at Live Earth concerts and reaches the top of the charts with the release of their album *Infinity on High*.



Photo © David Laundy

▼ Fergie continues to place singles from her triple-platinum solo album, *The Dutchess*, on the *Billboard* charts



◀ British singer Amy Winehouse brings back the beehive and wins five Grammy awards for her work on *Back to Black*.

© 2007 Warner Inc.

▼ Canadian pop singer Feist enjoys soaring sales for her third solo album, *The Reminder*, after the single "1234" is featured in a commercial for the iPod nano.

Photo © Justin Halpin

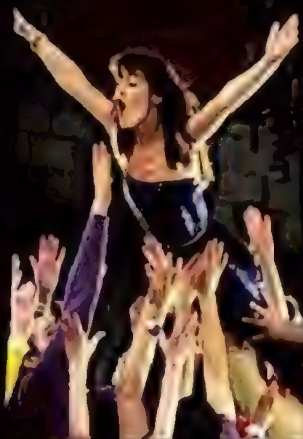
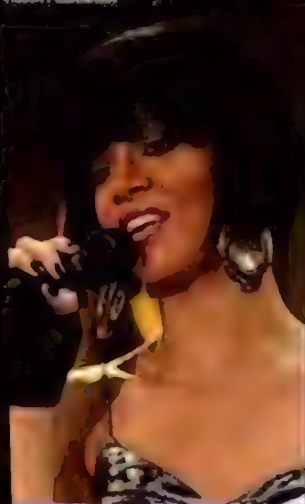


Photo © Robert Pitt-Landry



▲ Rihanna records her third album, *Good Girl Gone Bad*, featuring Jay-Z and Ne-Yo. She receives six Grammy nominations.

▼ Newcomer Sean Kingston tops the U.S. *Billboard* Hot 100 and Pop 100 with "Beautiful Girls," his first single from his self-titled debut album.



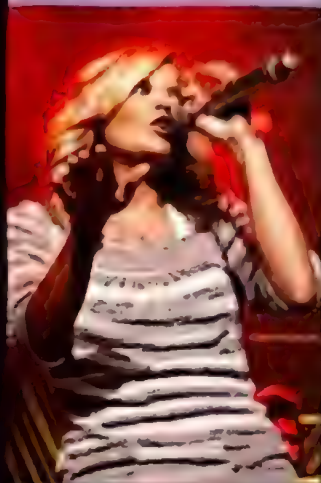
AP Photo/Jason DeCrow

AP Photo/Peter Kramer



▲ Malibu singer-songwriter Colbie Caillat rises to stardom from MySpace. Her song "Bubbly" garners more than 31 million plays and her CD goes platinum.

▼ Carrie Underwood releases her double-platinum second album *Carnival Ride*, and contributes the Oscar-nominated song "Ever Ever After" to the soundtrack for the movie *Enchanted*.



AP Photo/Empire Expo Center, John Hargreaves

AP Photo/Robert G. Slocum, London



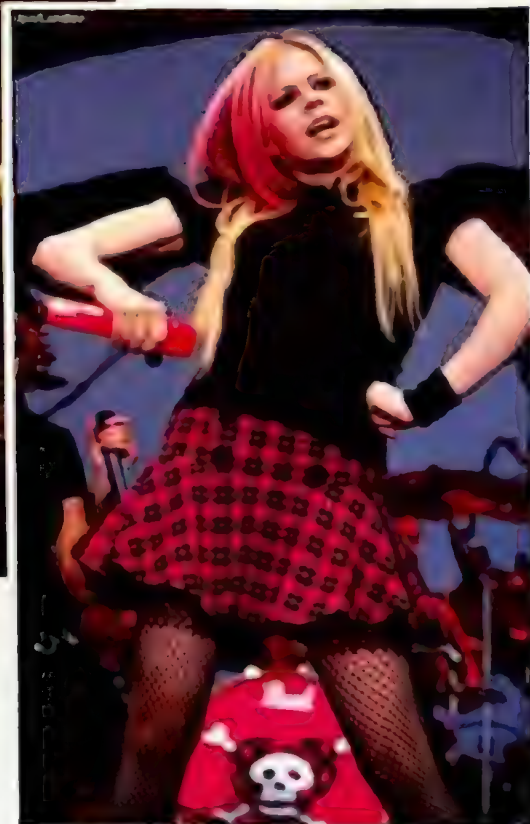
▲ After facing off at the MTV Music Awards, rapper rivals Kanye West and 50 Cent release albums on September 11 and vie for top sales. Kanye's *Graduation* is the victor.

▼ Country star Kenny Chesney releases his 11th album, *Just Who I Am: Poets & Pirates*. His Flip Out summer tour is the highest-grossing country tour of 2007.



▲ Hip-hop artist T-Pain releases his second album, *Epicus*. The album receives four 2008 Grammy nominations and the 2007 Song of the Year Award.

◀ Soulja Boy reaches the top of the Billboard Hot 100 with the single "Crank That (Soulja Boy)" and his distinctive, loose-limbed dance style becomes a nationwide craze.



▲ Canadian punk-pop princess Avril Lavigne releases her third album *The Best Damn Thing*, featuring "Girlfriend," her first No. 1 on the Billboard Top 100. Lavigne is also scheduled to launch her own fragrance and clothing line this summer.

IN/ RAINBOWS
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◀ Radiohead invites listeners and fans to pay whatever they want for a digital download of their highly acclaimed seventh album, *In Rainbows*. A "discbox" edition, with standard CD and vinyl LP, is released in January 2008.

Sports

▼ Tiger Woods achieves his record 14th World Golf Championships win at the WGC-Bridgestone Invitational and claims his 60th PGA Tour win at the BMW Championship



© Greenwood/Getty Images



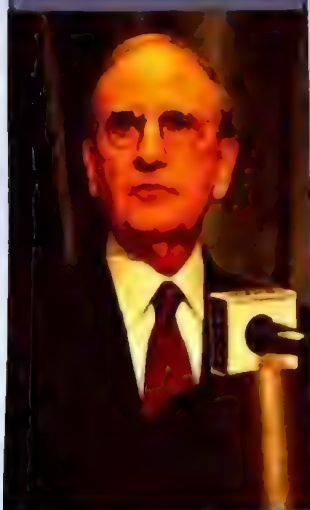
◀ Team Canada's Renee Simons, Sasha Carter, Jeanna Schraeder and skip Kelly Scott, defeated Denmark 8-4 at the Women's World Curling Championship in Aomori, Japan.



CP Press/Ryan Remick

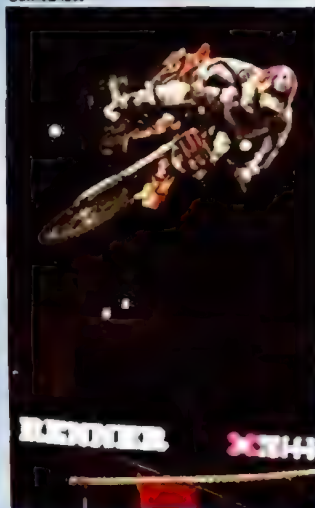
▼ Saskatchewan Roughriders linemaker Kitwana Jones hosts the Grey Cup after beating the Winnipeg Blue Bombers 23-19 to win the 95th CFL Grey Cup in Toronto

▼ Former Senator George Mitchell releases a list of Major League Baseball players including seven MVPs and 31 All-Stars, under investigation for illegal use of steroids and other performance-enhancing drugs



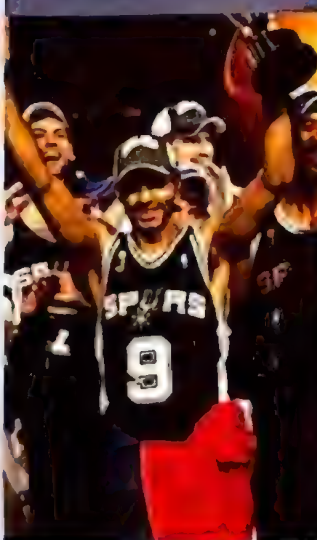
Rich Hong/MLB Photos via Getty Images

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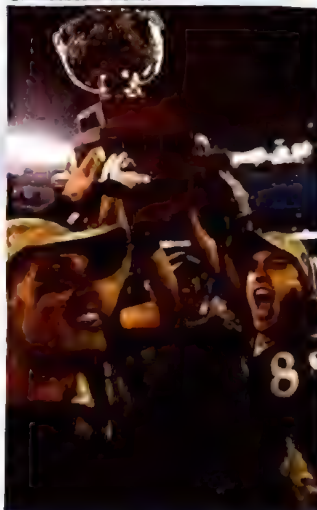
▲ At X-Games 13, Ricky Carmichael wins the first MotoX Racing Circuit, Simon Tabron does back-to-back 900s in BMX Vert and Jake Brown survives a 40-foot fall

▼ The veteran San Antonio Spurs, led by Tim Duncan, beat the Cleveland Cavaliers and their young phenom, LeBron James, in a 4-0 sweep to win the 2007 NBA finals



Jason D. Garretts/NBAE/Getty Images

CP Press/John Woods



▲ In front of a crowd of almost 27,000 football fans, the University of Manitoba Bisons end their 37 year drought and take home the Vanier Cup after a 28-14 win over the Huskies in Toronto.

▼ California native Jimmie Johnson speeds to victory as the 2007 NASCAR Nextel Cup Champion, defeating his Hendrick Motorsports teammate Jeff Gordon by 77 points.



© Robert Leisner/Reuters/Corbis

© Paul Buckner/Corbis



▲ The American League Champion Boston Red Sox defeat the National League Champion Colorado Rockies in a decisive four-game sweep to capture their second World Series title in four years.



© Mike Baker/Reuters/Corbis

© AP Photo/Steve G. Franklin



▲ Super Bowl XLIII MVP Eli Manning leads the New York Giants on a last-minute scoring drive to upset the heavily favoured New England Patriots 17-14, shattering the Patriots' bid for a perfect 19-0 season.

▶ Team Canada took home its fourth straight gold medal defeating Sweden 3-2 in overtime at the final game in the IIHF World U20 Junior Hockey Championship in the Czech Republic.



▲ Canadian speed skating athlete Cindy Klassen wins the Female Athlete of the Year Award for the second year in a row at the Canadian Sport Awards at the U of M in Winnipeg.



CP Press/Jacques Boissinot

▶ Team Canada captain Shane Doan celebrates his team's gold medal win against Finland 4-2 at the IIHF World Hockey Championship in Moscow

▶ Team Canada defeats Team USA 5-4 in a shoot-out at the Women's World Hockey Championships in Winnipeg. Canada wore pink jerseys to honour the first-ever Women's World Champions, Canada's 1990 National Women's Team.

CP Photo/Jacques Boissinot



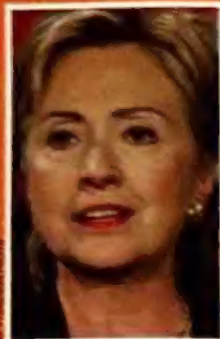
CP Photo/Adrian Wylie



Faces

U.S. Election '08 Candidates

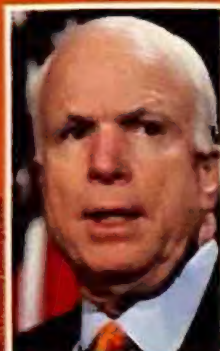
After Super Tuesday primaries on February 5, 2008, the presidential race heats up among frontrunners Hillary Clinton, Mike Huckabee, John McCain and Barack Obama.



Hillary Rodham Clinton



Mike Huckabee

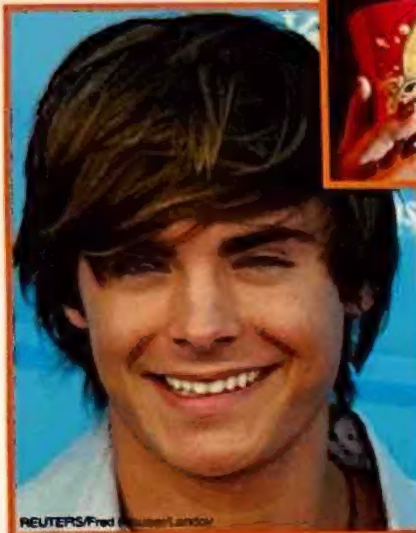


John McCain



Barack Obama

► Entertainment Weekly names J.K. Rowling—author of the seven-volume, 4,100-page Harry Potter series of best-selling children's books—as its Entertainer of the Year.



REUTERS/Fred Bussey/Landov

▲ Heartthrob Zac Efron, who came to fame with his performance in the first *High School Musical*, becomes an even bigger teen star with the release of *High School Musical 2*.

► The Best of Both Worlds tour, starring Miley Cyrus as "Hannah Montana", sells out in every city, prompting ticket lotteries, heartbroken fans and scalping scandals. The "Hannah Montana" tour scheduled only one date in Canada, in Toronto.

© Alestia Paredonemico/Reuters/Corbis



AP Photo/Jennifer Graylock

▼ In January 2008, Academy Award-nominated actor Heath Ledger, 28, is found dead in his Lower Manhattan apartment from an accidental overdose of prescription medication.



© ARND WIEGMANN/Reuters/Corbis

AP Photo/Masahiko Yamamoto



▲ Canadian wrestling star Chris Benoit commits suicide after taking the lives of his wife and 7 year old son at his home in Georgia. This tragic story prompts the CBC's *Fifth Estate* to produce a documentary that probes into the circumstances of Benoit's death and that of dozens of other pro wrestlers.

▼ At London's Wembley Stadium, Princes William and Harry host the Concert for Diana to commemorate the tenth anniversary of the death of their mother, the Princess of Wales.



PA Photos/Landov



▲ As "Izzie Stevens" on ABC's *Grey's Anatomy*, Katherine Heigl is a small-screen star. As "Anne Fletcher" in the comedy *27 Dresses*, she conquers the big screen as well.

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2008